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HELLO, HELLO

Sir Paul McCartney waves to the crowd at B.C. Place Sunday night. The concert was McCartney's first performance in Vancouver in almost 50 years. More photos on page 6. JENNIFER GAUTHIER/FOR METRO

No bra? No freedom, inmate alleges

Women's centre inmate files a complaint that she was punished for not wearing bra PAGE 10

U.S. discount weekend takes root in Canada

Black Friday, Cyber Monday may surpass Boxing Day as busiest shopping period PAGE 20

'Rich, ooey gooeyness ...'

Dave Venable's new cookbook, In the Kitchen with Dave, recreates taste of cheeseburger in a casserole dish PAGE 26

Argos sail to win in 100th Grey Cup

The hometown team prevailed over the Stampeders to capture CFL title PAGE 32

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'Western perspective'

Local MP to run for Liberal leadership

Vancouver Quadra MP Joyce Murray will enter the race for Liberal leadership on Monday, adding more Western flair to the slate days after perceived front-runner Justin Trudeau apologized for controversial comments he made about Alberta two years ago.

"Joyce will bring a Western perspective to the race," Murray's campaign manager Ian Perkins said Sunday. "Her and her husband have being doing business in B.C. and Alberta for decades."

Murray's husband owns and operates Brinkman & Associates Reforestation Ltd. — both used to work as tree planters before Murray moved into the political sphere.

"She's been a strong environmentalist her entire life, both in business and in politics," Perkins said.

Murray served as MLA before entering federal politics in 2008. She was B.C.'s environment minister from 2001 to 2004 and minister of management services in 2005.

Murray is not presently in favour of the Northern Gateway Pipeline in light of the many groups that oppose it, Perkins said. She is also petitioning to save the Kits Coast Guard.

While Trudeau is the highest profile leadership candidate thus far, Perkins said Murray is looking forward to the race that ends in April 2013.

Also running are Ontario residents Martha Hall Findlay, Deborah Coyne, Karen McCrimmon and David Bertschi and Vancouver's Alex Burton.

"The Liberals, we didn't do well in the last election out West," Perkins said. "Having someone who understands the issues of B.C. and Alberta, it can do nothing but help us."

EMILY JACKSON/METRO

The public space on Robson Street in front of the Vancouver Art Gallery will reopen to cars and buses on Dec. 1. EMILY JACKSON/METRO

Robson Street to reopen to vehicles

Poll. Sixty-four per cent of people polled support a permanent public space at Robson Square

EMILY JACKSON
emily.jackson@metronews.ca

Vancouverites may have enjoyed the zip line during the 2010 Olympics and the giant cushion chairs last summer, but Robson Square won't be a permanent public gathering space just yet.

The city will reopen the busy downtown street in front of the art gallery to cars and buses on Dec. 1 after consultation this fall found transportation concerns must be better addressed before the square becomes permanent.

Seniors in the West End were especially concerned about the reroute of the 5 Robson bus, which eliminated a direct line to Granville Street and cut residents off from destinations such as the library, according to a report released Friday by Jerry Dobrovolny, the city's director of transportation.

The city also recognized the closure of an east-west block on an arterial street "may cause congestion" and impact businesses. It wants to study the impacts on walking, cycling, transit, goods movement and driving before finalizing the square.

Others questioned what the square would look like and whether people would use it in the winter — a concern that proved legitimate Sunday as hordes of shoppers strolled along the sidewalks but steered clear of the open road.

Despite current misgivings and frustrations, the majority of those polled (64 per cent) support a permanent public space at Robson Square, according to a city survey of 2,100 people. Nineteen per cent want the street closed occasionally for special events and 17 per cent prefer a summertime-only square.

The city's Transportation 2040 plan includes a permanent public square, but an "incremental and flexible" approach must be taken for its conversion, Dobrovolny's report concluded.

For the past two summers, thousands used the moveable chairs and seating installations by local designers. It cost about $50,000 for each eight-week program.

The square will reopen next summer.

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Labour. B.C. Fed's annual convention aimed at defeating Liberals

This week's B.C. Federation of Labour convention will focus on change and defeating B.C. Liberals, says the province's top labour leader.

The 55th convention kicks off Monday and runs until Friday, with speakers that include federal NDP Leader Tom Mulcair and B.C. NDP leader Adrian Dix.

"We're looking for a vision for our province and for our country that respects working people, that cares about what happens to us and has that vision for the country that puts people back to work again," said B.C. Fed president Jim Sinclair of what he expects to hear from the two leaders.

After the Thursday convention vote, the longtime labour leader will find out if he wins his seventh consecutive two-year term as federation president. Michelle Laurie, head of the province's electricians' union, is challenging him for the top position.

Sinclair is excited for the convention, which he says comes at a critical time for the province.

"It is a very unique gathering. It's the legislature for working people," he said Sunday.

"I think the debate this week is going to set a course, not only to defeat the Liberals, but to change this province for the better," he added.

PHYLICIA TORREVILLAS/METRO

Quoted

"The dissatisfaction with this government runs far deeper than the labour movement; it runs right across the board to every community in the province."

B.C. Fed president Jim Sinclair

Vancouver ballerinas vie for national school in Toronto

Ballerinas tried out for the National Ballet School summer camp at Vancouver's Scotiabank Dance Centre on Sunday. About 1,000 dancers auditioned across Canada for one of 150 spots in the one-month camp in July, but only about 30 will be chosen to attend the Toronto school full time. Of the 26 Grade 7 and 8 girls who auditioned in Vancouver, eight were chosen to attend the summer camp. "We were very impressed with the level of talent in Vancouver," senior ballet teacher Deborah Hess said. EMILY JACKSON/METRO

Three-car collision. Two seriously injured in Alex Fraser Bridge crash

One person is in critical condition and another suffered serious injuries after a three-car collision on the Alex Fraser Bridge Saturday.

At around 11:45 a.m., police say a car stalled in the southbound lane of the Alex Fraser Bridge.

The vehicle directly behind the stalled car was able to change lanes rapidly to avoid the stalled car, but a second vehicle was unable to stop in time, striking the stalled vehicle.

Both drivers got out of their cars to check the damages from the fender-bender and agreed to meet off the bridge to exchange information.

But before they could move, a taxi collided with the second vehicle.

The second impact sent four people to hospital.

Two were released with minor injuries, one received serious injuries and the fourth person required emergency surgery and was listed as critical.

An RCMP collision team was on site throughout the day and the scene was cleared around 5 p.m.

Cpl. Robert McDonald with the RCMP traffic services urged motorists to be careful when travelling or stopping on a bridge.

"Bridges are very dangerous places to stop," he said in a release. "Whenever possible, people should remain in their cars and call for assistance."

PHYLICIA TORREVILLAS/METRO

Information

Anyone who might have witnessed the accident and has not talked to the police is asked to contact Const. Winslow at Deas Island Traffic Services at 604-946-2184.

Foreign-worker debate flares up

'Anti-China bias'.

Chinese-Canadian council fears coal mine's decision to hire temporary workers from China will stoke racism

Debate? Or hate?

The use of temporary workers from China at a northern B.C. coal mine has sparked a court fight, duelling versions of events, a federal review and a great deal of discussion.

And that's good, says Victor Wong of the Chinese-Canadian National Council.

But the issue around HD Mining International Ltd.'s decision to bring in the foreign workers for its Murray River coal mine near Tumbler Ridge also highlights an "anti-China bias" that threatens to descend into plain, old-fashioned racism, he said.

"I shouldn't have to work out a response to racism as opposed to working out a response to whether the temporary foreign worker policy is an appropriate policy and whether it's being properly applied in this case," Wong said as the controversy made headlines last week.

HD Mining has been granted permits for 201 temporary foreign workers. Sixty miners are set to arrive in mid-December; 17 arrived earlier this month.

The International Union of Operating Engineers Local 115 and the Construction and Specialized Workers Union Local 1611 have filed an application for a judicial review by the Federal Court, saying there are Canadian workers who can fill those jobs. On Saturday, the legal and political troubles swirling around the plan to bring in the workers prompted another company, Canadian Dehua International Mines Group, to wind down work at its Wapiti River coal project, near to the Murray River mine.

Canadian Dehua, which is also a minority shareholder in HD Mining, issued a statement saying the shut-down, effective Sunday at midnight, was "forced" on the company because of a "deluge" of concern from Dehua investors, a result of the temporary foreign worker controversy at HD.

The unions say HD offered wages that were $10 to $17 an hour lower than the going rates and no benefits. They also claim the mine advertisements said workers had to speak Mandarin — claims the company denies. THE CANADIAN PRESS

Quoted

"It has allowed some of the more racist views to come to the surface."

Victor Wong of the Chinese-Canadian National Council

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Vancouver fans welcome back Sir Paul McCartney

The iconic Sir Paul McCartney played before a sold out B.C. Place Sunday night. It was his first performance in Vancouver since The Beatles played a brief, but legendary show at Empire Stadium almost half a century ago.

JENNIFER GAUTHIER
vancouver@metronews.ca

1 On The Run

Paul McCartney, now 70, opens his show Sunday night with Magical Mystery Tour. The Vancouver show was one of five Canadian dates on McCartney's On The Run tour, which moves east of the Rockies for a pair of shows in Edmonton on Thursday and Friday. The tour, which started in the summer of 2011, also visited Montreal for a pair of concerts.

2 Flying the Union Jack

Ray Allan, from Chilliwack, and formerly of Glasgow, stands outside B.C. Place Sunday night. Allan, a huge Beatles fan, has seen McCartney play two dozen times and plans to attend both shows in Edmonton this week.

3 Reliving the old memories

Barb Karpluk of Delta holds a photo of herself with McCartney in the early '60s. Karpluk met McCartney in 1963 and sang him a song that she had written for him with her sister.

4 Die-hards deck out cities

McCartney swoops into his Wings catalogue with Junior's Farm for his second song of the evening. In the week leading up to Sir Paul's visit, B.C. Place was set aglow with the colours of the Union Jack. His next stop, Edmonton, went even further, decking out city hall with Beatles memorabilia and even temporarily re-naming a city street Abbey Road.

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Bowling. Park board to explore public facility as revenue generator

Two commissioners plan to strike up some excitement about bowling at the Vancouver park board Monday.

Both John Coupar and Constance Barnes want the board to take a closer look at what the city can do to support bowling, a recreational activity traditionally held in private facilities.

The board should "recognize the importance of bowling to the health and well-being of thousands of Vancouver residents," Coupar's motion said.

Coupar wants the city to look into creating a public bowling facility, perhaps salvaging some equipment from the soon-to-be-demolished Varsity Ridge Bowling Centre, according to his motion.

Proposal

Barnes wants bowling to be included in the city's 2013-14 recreational planning review to see how much interest there is and what services might be provided to meet the demand.

EMILY JACKSON/METRO

Whistling Smith. VPD beat cop to be honoured at celebration of life

Legendary VPD beat cop "Whistling" Bernie Smith will be remembered by his family, friends and colleagues at a celebration of life in Vancouver Monday.

Smith was the subject of a National Film Board documentary, called Whistling Smith, which was nominated for an Academy Award in the Best Documentary Short category in 1976.

The film focused on his tough patrols and unconventional policing of Vancouver's Eastside.

The 89-year-old's celebration of life will be held at the Croatian Cultural Centre at 3250 Commercial Dr. at 1 p.m.

VPD Chief Jim Chu remembered Smith, who spent 34 years in uniform, as the "best-known VPD officer of his time."

PHYLICIA TORREVILLAS/METRO

Drowning death. Inquest jurors urge standards for swift water rescues

Swift water search-and-rescue teams should use only their own equipment whenever possible in an emergency operation, a coroner's jury has recommended after an inquest into the drowning death of a member from Nelson.

The jury handed down a list of nine recommendations Saturday aimed at preventing similar deaths to that of 29-year-old Sheilah Sweatman in June 2011.

"We're going to examine all nine of these (recommendations) and implement as many as we can, as quickly as we can," said Don Bindon, B.C. Search and Rescue association president.

Sweatman drowned in the Goat River, south of Creston, while trying to recover a submerged car to determine if there was anybody inside.

A WorkSafeBC report had already found the Winnipeg native got caught up in a steel cable and was dragged under the water to her death.

THE CANADIAN PRESS

Religion

Catholics get a new mobile app

If you're a Catholic travelling away from home in B.C. and looking for a church to attend, you can now turn to a new app. The Roman Catholic Archdiocese of Vancouver says it has created a mobile app that not only helps people find Catholic churches, it also lists mass and confession times. THE CANADIAN PRESS

Accident

Man dies while crossing street

A 70-year-old Nanaimo man is dead after he was hit by a car while crossing the street. The RCMP confirm the accident happened Friday evening near the corner of Dufferin and Seafield crescents. A police news release says the man was hit by a car driven by an 80-year-old woman. THE CANADIAN PRESS

It's a very German Christmas in Vancouver

Visitors to the third annual Vancouver Christmas Market can get their hands on German beer steins and other traditional European gifts, such as wooden toys, handmade ornaments and Polish pottery. Vancouver Christmas Market president Malte Kluetz said the market had its best opening weekend yet, with around 10,000 people in attendance each day. The market runs until Dec. 24. Children under the age of seven get in for free; general admission is $5 and youth admission is $2. PHYLICIA TORREVILLAS/METRO

RCMP issues its latest denial in string of lawsuits

Alleged harassment. Yet another lawsuit claims that a female constable was bullied and sexually harassed by colleagues

The RCMP has issued its latest denial in a series of harassment lawsuits filed by female Mounties.

The latest case involves Const. Karen Katz, who has launched two lawsuits — the first alleging harassment by one of her colleagues, and a second alleging widespread harassment and abuse throughout her career on the force.

Quoted

"They're not taking any responsibility for their actions. They're telling me to use the grievance process, but the grievance process is ineffective."

Const. Karen Katz, who has launched two lawsuits against the RCMP

The RCMP already issued a statement of defence earlier this year denying the allegations in Katz's first lawsuit, which targeted Corp. Baldev (David) Singh Bamra, an officer who Katz worked with in the Vancouver area. Bamra has also denied all of her allegations.

The Mounties filed a statement of defence last week in Katz's second lawsuit. In that suit, filed in July, Katz alleged she was harassed, bullied and sexually harassed by various colleagues and superiors from the time she joined the force in 1988 until she went on medical leave for post-traumatic stress in 2009.

The RCMP's statement of defence denies all of Katz's allegations and says the officer should have launched a formal grievance if she had concerns that needed to be addressed.

"Many of the alleged acts of harassment, conflict and intimidation alleged (by Katz) were first brought to the RCMP's attention with the filing of this notice of claim," said the statement of defence, filed in B.C. Supreme Court.

"Any alleged damages or perceived failures of the RCMP in relation to these alleged acts are attributable to the plaintiff's failure to notify the RCMP of her complaints in a timely manner or at all."

In an interview, Katz said she raised her concerns while she was still on active duty, but she said the RCMP's complaints process doesn't work.

"Their tactics are deny, deny," she said.

THE CANADIAN PRESS

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Female inmate alleges she was ‘thrown in the hole’ for no bra

Dress code. Ontario artist says she received 2 weeks in segregation cell, 5 days pulled from early-release date

JESSICA SMITH
Metro in Toronto

An inmate at the Vanier Centre for Women in Milton, Ont., has filed a complaint alleging correctional officers put her in a segregation cell and tacked on five extra days to her sentence because she refuses to wear a bra.

“I was locked down in a segregation cell from the morning of Nov. 1 to the afternoon of Nov. 15. I was first charged with misconduct for not wearing a bra,” Jeannette Tossounian, who is currently serving a sentence for arson, wrote in a letter to Metro.

“A few days later, I was charged with another misconduct for saying I don’t want to wear a bra and was given five extra days to spend in jail from my early release date, December 2013.”

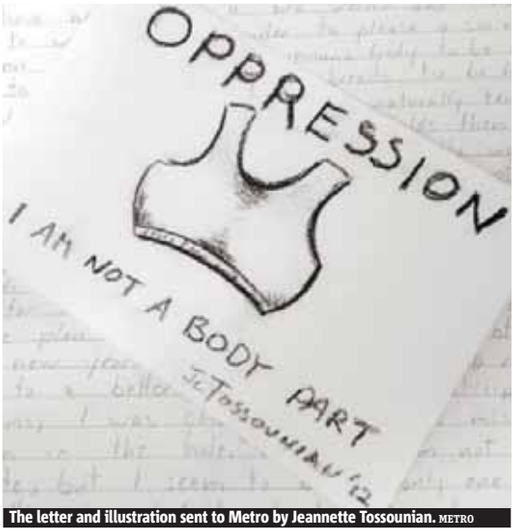
The Elizabeth Fry Society confirmed that Tossounian has filed an official complaint about the incident.

Ministry of Community Safety and Correctional Services spokesman Brent Ross would not comment on the allegations, but confirmed that female inmates are required to wear bras.

“We have policies in place to ensure inmates are treated justly and humanely in all sections of our facilities, including segregation,” he said in an email response. “While incarcerated, inmates can be awarded remitted time, which is a reduction of a sentence for good conduct, and they can also lose their remitted time or have their privileges suspended if they commit a serious misconduct.”

Tossounian said her aversion to bras wasn’t always a problem for her in jail.

“I was incarcerated at Vanier for eight-and-a-half months and was braless the whole time before I was locked down. I guess the guards had better things to do than stare at my chest, examining for looseness,” she wrote. “As soon as I put in a request to change to a better unit so I could participate in more programs, I was charged with these misconducts and thrown in the hole.”



The letter and illustration sent to Metro by Jeannette Tossounian. METRO

Cruelty claims

“No matter what an inmate does, if the institution wants to punish, they will get punished.”

Inmate Jeannette Tossounian, writing in a letter to Metro

Tossounian wrote that she has never been a bra-wearer and believes studies that link wearing a bra to breast cancer, a premise not widely accepted by the scientific community.

“To (force) a woman to wear a bra, inmate or not, is a violation of human rights. It is sexual discrimination that breaks a woman down into body parts that must be controlled because these parts are female,” she wrote.

Tossounian also wrote that the incident made her feel helpless.

“Some inmates end up losing their minds, even to the point of committing suicide,” she wrote. “I have to remain strong.”

Jeannette Tossounian, an inmate at Vanier Centre for Women in Milton, Ont. TORSTAR NEWS SERVICE

Tossounian’s lawyer for the appeal of her sentence, Vanessa Christie, said her client’s account of what happened is “disturbing.”

Follow Jessica Smith on Twitter @jessiecatherine

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Devastating inferno

People console a woman whose relative was killed in a fire at a garment factory outside Dhaka, Bangladesh, Sunday. HASAN RAZA/THE ASSOCIATED PRESS

Bangladesh. At least 112 people killed in a fire that raced through multi-storey garment factory outside capital city

The death toll could rise in a fire that struck outside Bangladesh's capital city on Sunday, as the search for victims continues, an official said.

The blaze broke out at a seven-storey factory operated by Tazreen Fashions late Saturday evening. By Sunday morning, firefighters had recovered 100 bodies, fire department operations director Maj. Mohammad Mahbub told The Associated Press.

Quoted

"I want the factory owner to be hanged. For him, many have died..."

Sabina Yasmine, mourning relative

He said another 12 people who had suffered injuries after jumping from the building to escape the fire later died in hospitals. The cause of the blaze was not immediately clear, and authorities have ordered an investigation.

Bangladesh has some 4,000 garment factories, many without proper safety measures. The country annually earns about $20 billion from exports of garment products, mainly to the United States and Europe.

Relatives of the factory workers were frantically looking for their loved ones. Sabina Yasmine said she saw the body of her daughter-in-law, who died in the fire, but had no trace of her son, who also worked at the factory.

"Oh, Allah, where's my soul? Where's my son?" wailed Yasmine, who works at another factory in the area. "I want the factory owner to be hanged. For him, many have died, many have gone."

Mahbub said firefighters recovered 69 bodies from the second floor of the factory alone.

THE ASSOCIATED PRESS

Pakistan. Roadside bomb kills six

A bombing claimed by the Taliban killed at least six people and wounded some 90 others at a Shiite religious procession in northwestern Pakistan on Sunday, police said, as the minority Muslim sect observes the annual Ashoura holiday.

Since Wednesday, at least 31 have been killed in bombings aimed at Pakistani Shiites and claimed by the Taliban, who espouse an extremist interpretation of Sunni Islam.

More than 100 were wounded in the attacks during the run-up to the holiday, which commemorates the seventh century death of the Prophet Muhammad's grandson. The schism between Sunnis and Shiites dates back to that time.

Sunday's explosion went off as hundreds of Shiites were passing through the main intersection of the city of Dera Ismail Khan, police said, where food and water stalls were set up to serve the crowd.

Background

The Pakistani Taliban frequently attacks Shiites, who they consider heretics. Ashoura ceremonies are prime targets since they draw large crowds that march in processions to mourn the martyred Imam Hussein.

An initial investigation suggested a bomb was planted near a shop along the procession route.

"The bomb contained about eight kilograms of explosives and steel balls, and was detonated with a remote control device," city police chief Sohail Khalid said.

Several of the injured are in serious condition, said Dr. Faridullah Mahsud, an official at the city's hospital, who added that three members of a paramilitary unit providing security for the procession were among the injured.

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Same-sex couple. 4-year fight for rights reaches U.S. top court's doorstep

A San Francisco couple is waiting to find out if the U.S. Supreme Court will take their case challenging the 1996 law that prohibits the federal government from recognizing same-sex marriages.

Karen Golinski and her partner of 23 years, Amy Cunninghis, got married during the brief window in 2008 when gay and lesbian couples could tie the knot in California. Within weeks of their wedding, Golinski applied to add her spouse to her employer-sponsored health-care plan. Her ordinarily routine request still is being debated more than four years later.

Because Golinski is married to another woman and works for the U.S. government, her claim for benefits has morphed into a legal challenge to the 1996 law that prohibits the federal government from recognizing same-sex unions like hers.

The high court has scheduled a closed-door conference for Friday to review Golinski's case and four others that also seek to overturn the Defence of Marriage Act (DOMA) overwhelmingly approved by Congress and signed by President Bill Clinton.

The outcome carries economic and social consequences for gay, lesbian and bisexual couples, who now are unable to access Social Security survivor benefits, file joint income taxes, inherit a deceased spouse's pension or obtain family health insurance. THE ASSOCIATED PRESS

Earlier rulings

The federal trial courts that heard the cases all ruled the Defence of Marriage Act violates the civil rights of legally married gays and lesbians. Two appellate courts also agreed.

- The last time the Supreme Court confronted a gay-rights case was in 2010, when the justices voted 5-4 to let stand lower court rulings holding that a California law school could deny recognition to a Christian student group that does not allow gay members.

Brazil fair closure

Metal structure at fair collapses, killing a visitor

A metal structure that served as the exit from the food court at an agricultural fair in Brazil collapsed late Saturday in strong winds, killing a 64-year-old woman and injuring three other people.

The accident forced the closure of the Contemporary Rural Brazil fair in Rio de Janeiro, which began Wednesday and was slated to run through Sunday. THE ASSOCIATED PRESS

Britain battered

Two killed as storms, floods hit areas of Britain

Heavy rain and strong winds battered areas of Britain over the weekend, killing two people and flooding 800 homes, officials said Sunday.

A 21-year-old woman sheltering from the storm in a small tent died when a large tree fell on it in Exeter late Saturday. In Cambridgeshire, a man died after his car plunged into a swollen river. THE ASSOCIATED PRESS

Participants carry a 15-metre-long, rainbow-coloured banner at the fifth Delhi Queer Pride parade in New Delhi, India, Sunday. Hundreds of gay-rights activists marched through the capital to demand they be allowed to lead lives of dignity in India's deeply conservative society. MUSTAFA QURAISHI/THE ASSOCIATED PRESS

Hundreds march in Indian pride parade

Masked. Many hid behind scarves or masks because they have not told friends and families about their sexuality

Hundreds of gay-rights activists marched through New Delhi on Sunday to demand that they be allowed to lead lives of dignity in India's deeply conservative society.

Dozens of demonstrators carried a nearly 15-metre-long, rainbow-coloured banner and waved placards demanding that the government extend the scope of anti-discrimination laws to schools, workplaces and public and private spaces.

Activists said that three years after the Delhi High Court made changes in India's colonial-era law that made gay and lesbian sex a crime, same-sex partners are still not socially accepted in India. In 2009, the court decriminalized gay and lesbian sex, which until then had been punishable by up to 10 years in prison.

Conservative groups have asked India's top court to overturn the lower court's order, and Supreme Court judges are currently hearing opinions from a range of people, including conservative groups and gay-rights activists.

Gay-rights activists are demanding that the government allow people to record the gender of their choice in the national census, voter identity cards and all other government documents.

Vimal Kumar, an activist with the National Alliance of People's Movements, said people's attitudes were gradually beginning to change and there was greater understanding among families in urban areas as television campaigns and gay parade marches caught on. But the pace of change is slow, he said. THE ASSOCIATED PRESS

Quoted

"The government has to listen. Our struggle has gone on for very long."

Vimal Kumar, an activist with the National Alliance of People's Movements

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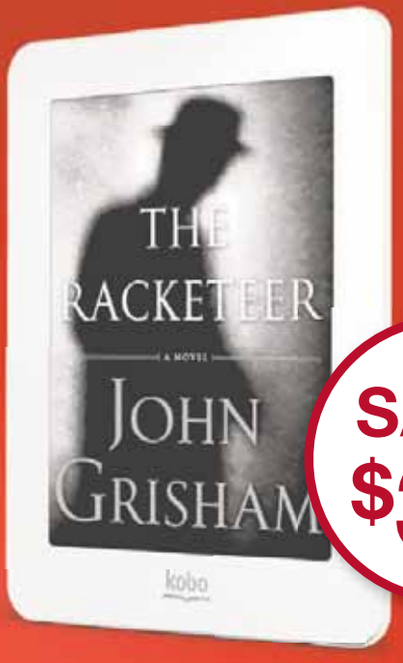

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Baby drop-off boxes should be banned: UN

Abandoned infants. In the last decade hundreds of infants have been given up anonymously this way

A view of a baby hatch with a baby sign near the hospital at Neukoelin in Berlin. THE ASSOCIATED PRESS

Boxes where unwanted newborns can be left anonymously are drawing the ire of human rights and child activists.

The activists think they are bad for the children and merely avoid dealing with the problems that lead to child abandonment.

Even the United Nations Committee on the Rights of the Child said baby boxes should be banned and is pushing that agenda to the European Parliament.

There are nearly 100 baby boxes in Germany. Poland and the Czech Republic each have more than 40 while Italy, Lithuania, Russia and Slovakia have about 10 each. There are two in Switzerland, one in Belgium and one being planned in the Netherlands.

At Berlin's Waldfriede Hospital the box is actually a warm incubator that can be opened from an outside wall of a hospital where a desperate parent can anonymously leave an unwanted infant.

A small flap opens into the box, equipped with a motion detector. An alarm goes off in the hospital to alert staff two minutes after a baby is left.

"The mother has enough time to leave without anyone seeing her," German pastor Gabriele Stangl said. "The important thing is that her baby is now in a safe place."

In the last decade, hundreds of babies have been abandoned this way; it's estimated one or two infants are typically left at each location every year, though exact figures aren't available.

At least 11 European nations now have them, according to UN figures. They are technically illegal, but mostly operate in a grey zone as authorities turn a blind eye.

"They are a bad message for society," said Maria Herczog, a Hungarian child psychologist on the UN committee pushing for a ban.

"These boxes violate children's rights and also the rights of parents to get help," she said. THE ASSOCIATED PRESS

Franco fondly remembered — by some

Supporters of former Spanish dictator Gen. Francisco Franco give fascist salutes during a rally commemorating the 37th anniversary of Franco's death. It was held at Plaza de Oriente on Sunday in Madrid.

PABLO BLAZQUEZ DOMINGUEZ/GETTY IMAGES

Caylee Anthony

Police miss query about 'fool-proof' ways to suffocate

The Florida sheriff's office that investigated Caylee Anthony's death confirmed Sunday that it overlooked a computer search for suffocation methods made from the little girl's home on the day she was last seen alive.

Orange County sheriff's Capt. Angelo Nieves said the office's computer investigator missed a June 16, 2008, Google search for "fool-proof" suffocation methods. The agency's admission was first reported by Orlando television station WKMG. It's not known who performed the search.

The station reported it was done on a browser primarily used by the two-year-old's mother, Casey Anthony, who was acquitted of the child's murder in 2011.

More than 1,200 Firefox entries, including the suffocation search, were overlooked by cops working on the case. THE ASSOCIATED PRESS

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Albanians mark a century of freedom

Macedonia. 100th anniversary of Albania's independence from Ottoman Empire raises question of ethnic tensions in region

A vendor sells Albanian flags in an open market in Skopje, Macedonia, Saturday. BORIS GRDANOSKI/THE ASSOCIATED PRESS

More than 1,000 ethnic Albanians marched in the capital of Macedonia on Sunday to mark the 100th anniversary of Albania's independence from the Ottoman Empire. Some politicians have opposed such celebrations, saying they could stoke ethnic tensions in Macedonia.

The prime ministers of neighbouring Albania and Kosovo, Sali Berisha and Hashim Thaci, were expected to attend the celebrations later Sunday at Skopje's sports centre.

The anniversary celebrations in Macedonia's capital are scheduled to last for four days, and similar festivities will take place later this week in the capitals of Kosovo and Albania.

Ethnic Albanians make up about 25 per cent of Macedonia's population of 2.1 million, but tension with the country's Slavic-speaking Macedonian majority has remained high since a six-month armed ethnic Albanian insurgency in 2001 to demand greater autonomy in minority areas.

For nearly five centuries, Albania was at the heart of a sprawling Ottoman Empire, but it declared independence in 1912, and is now a parliamentary democracy and member of the United Nations and NATO.

In Skopje, Macedonia's capital, thousands of Albanian national flags were on display Sunday, and in minority areas of northern and western Macedonia.

Conservative Prime Minister Nikola Gruevski has the country's largest ethnic Albanian party, the DUI, in his coalition government. The DUI is led by Ali Ahmeti.

In an interview with Channel Five TV, Ahmeti said, "Raising the Albanian national flag is not a demonstration of power, but part of a great date for us Albanians and should not be seen as a provocation to the Macedonians."

THE ASSOCIATED PRESS

Bigg's killer whales. The 'transient' orca could become its own species

If whale expert John K.B. Ford has his way, school children one day will study a kind of North Pacific killer whale that preys on warm-blooded creatures — mostly harbour seals and sea lions, but also grey whales and seabirds.

They roam as far north as the Arctic Ocean and are now known as transients to distinguish them from fish-eating resident killer whales.

Ford and colleagues from Alaska to California want transient killer whales to be declared their own species, and they want them to have a new name: Bigg's killer whales, in honour of Michael Bigg, the researcher whose observations off British Columbia and Washington state led to the identification of transients. His mentoring inspired a generation of researchers still uncovering the mysteries of the animal at the top of the marine food chain.

THE ASSOCIATED PRESS

Jamaica. Senator urges citizens to buy local food over the holidays

A Jamaican senator who leads the island's agricultural society is urging citizens to abstain from buying imported food this Christmas season.

Sen. Norman Grant says that all Jamaicans have a responsibility to protect the island's agriculture sector. Grant said Sunday "there is no need to look to imported food" this Christmas because local farmers are capable of providing everything. Dependence on imported food has ballooned for years in Jamaica and other Caribbean countries. Besides urging islanders to buy locally grown food, the government has given away seedlings and gardening kits to encourage people to tend to backyard plots to save money and ease dependence on imports.

THE ASSOCIATED PRESS

Surf's up

Lake Ontario gets its first surfing contest

Cold, wintry winds whipped up big waves on Lake Ontario this weekend, making conditions ideal for surfing.

Competitors in high-tech wet suits gathered at the lakeshore in Rochester, N.Y., on Saturday for an event billed as the first surfing contest on Lake Ontario.

THE ASSOCIATED PRESS

Aging grace

Ancient cemetery begins to crumble

One of the oldest Jewish cemeteries in the Western Hemisphere, Beth Haim on the island of Curacao, is slowly fading in the Caribbean sun.

Beth Haim was established in the 17th century and is considered an important landmark — even on an island so rich in history that its downtown has been designated a UNESCO World Heritage Site.

THE ASSOCIATED PRESS

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Syrian rebels capture air base just outside capital

Escalation. Forces destroy two helicopters and capture a tank before fleeing the base

Syrian rebels capture a helicopter air base near the capital Damascus after fierce fighting on Sunday. UGARIT NEWS VIDEO/THE ASSOCIATED PRESS

Syrian rebels captured a helicopter base just outside Damascus Sunday in what an activist called a "blow to the morale of the regime" near President Bashar Assad's seat of power.

The takeover claim showed how rebels are advancing in the area of the capital and, though badly outgunned, are making inroads where Assad's power was once unchallenged. Rebels have also been able to fire mortar rounds into Damascus recently.

The director of the Britain-based Syrian Observatory for Human Rights, Rami Abdul-Rahman, said rebels seized control of the Marj al-Sultan base on the outskirts of Damascus on Sunday morning. He said at least 15 rebels and eight soldiers were killed in the fighting that started a day earlier. The rebels later withdrew from the base.

Abdul-Rahman and Damascus-based activist Maath al-Shami said the rebels destroyed two helicopters with rocket-propelled grenades and captured a tank. They say the base, which is on the eastern outskirts of Damascus, houses several radar positions.

Rebels appear to be trying to take over air bases and destroy aircraft in order to prevent the regime from using them in attacks against opposition forces around the country.

The rebels have no protection against the attack helicopters and fighter jets that have been blasting their positions. THE ASSOCIATED PRESS

Miscount

French party in upheaval over leadership vote

Former French president Nicolas Sarkozy's conservative party is holding emergency meetings Sunday to try to figure out who's in charge after a disputed election for its new leader.

After a decade at the helm of one of the world's leading economies, the Union for a Popular Movement party is now in shambles and may fall apart altogether.

Central to the troubles is a debate among conservatives over immigration and Islam in France. The election a week ago split party members into those leaning toward the anti-immigrant far right, represented by Jean-Francois Cope, and those hewing to more centrist views, supporting Francois Fillon.

Cope, who led France's push to ban face-covering Islamic veils, was initially declared winner. But uncounted votes were then discovered that could swing the vote in Fillon's favour. THE ASSOCIATED PRESS

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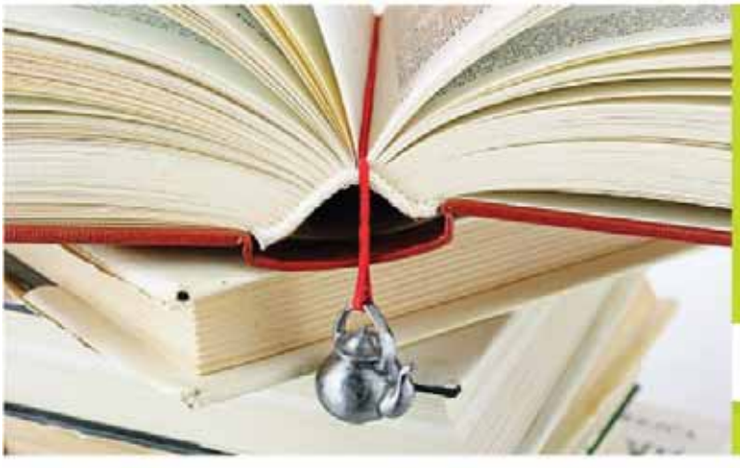
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Morsi's bid for more power causes turmoil

In this Nov. 23 photo released by the Egyptian government, President Mohammed Morsi speaks to supporters outside the presidential palace in Cairo, Egypt. EGYPTIAN PRESIDENCY/THE ASSOCIATED PRESS

Power struggle.
Fight over president's powers threatens to destabilize the country as stocks plunge amid ongoing chaos

Supporters and opponents of Egypt's president on Sunday grew more entrenched in their potentially destabilizing battle over the Islamist leader's move to assume near absolute powers, with neither side appearing willing to back down as the stock market plunged amid the fresh turmoil.

The standoff poses one of the hardest tests for the nation's liberal and secular opposition since Hosni Mubarak's ouster nearly two years ago. Failure to sustain protests and eventually force Mohammed Morsi to loosen control could consign it to long-term irrelevance.

Clashes between the two sides spilled onto the streets for a third day since the president issued edicts that make him immune to oversight of any kind, including that of the courts.

A teenager was killed and at least 40 people were wounded when a group of anti-Morsi protesters tried to storm the local offices of the political arm of the president's Muslim Brotherhood in the Nile Delta city of Damanhoor, according to security officials.

It was the first reported death from the street battles that erupted across much of the nation on Friday, the day after Morsi's decrees were announced. The officials, who spoke on condition of anonymity because they were not authorized to speak to the media, identified the boy as 15-year-old Islam Hamdi Abdel-Maqsood.

The tensions also dealt a fresh blow to the economy, which has suffered due to the problems plaguing the Arab world's most populous nation since Mubarak's ouster.

Egypt's benchmark EGX30 stock index dropped 9.59 percentage points Sunday in the first trading session since Morsi issued his decrees.

THE ASSOCIATED PRESS

Sponsorship

Feds off-loading part of pledge to resettle refugees

The federal government is seeking to off-load some of its international promises to refugees onto the private sector. They're asking community groups to sponsor 1,000 of the refugees the Canadian government has told the United Nations it will resettle over the next three years. THE CANADIAN PRESS

Gaza Strip

Violation of truce with Israel would be a sin: Cleric

A leading Islamic cleric in the Gaza Strip has ruled it a sin to violate the recent ceasefire between Israel and the Hamas militant group that governs the Palestinian territory — according a religious legitimacy to the truce and giving the Gaza government strong backing. THE ASSOCIATED PRESS

Rebel group

Congo and M23 rebels negotiate in Uganda

Congolese officials were in talks Sunday with representatives of M23, the rebel group that last week took control of the eastern Congo city of Goma, according to Ugandan officials. The Ugandan defence minister is mediating discussions to help reach a settlement. THE ASSOCIATED PRESS

Poll tests country's love of Queen, health care, Arctic

National pride. Survey respondents were most proud of health care and economic performance

Canadians, it seems, love their universal health care.

The monarchy? Not so much.

A new national poll commissioned by the Montreal-based Association for Canadian Studies examined the pride Canadians place in a list of more than a dozen symbols, achievements and attributes.

The online survey of 2,207 respondents by Leger Marketing found universal health care was almost universally loved, with 94 per cent calling it an important source of collective pride — including 74 per cent who called it "very important."

At the other end of the spectrum, just 39 per cent of respondents felt the monarchy was a source of personal or collective pride, while 59 per cent were royally unimpressed. In fact, 32 per cent of respondents found the monarchy "not at all important" — the most popular singular response.

The findings provide an interesting snapshot of the country after seven years under a Stephen Harper government that's made a priority of promoting its own blend of nation-building symbols.

The military, the Arctic, sports and the monarchy have been staples of Conservative messaging almost from the time Harper took office early in 2006. More recently, the government has spent more than $100 million over the past four years on "economic action plan" advertising in concert with a constant refrain about Canada's relative prosperity in a battered global economy.

Canada's economic performance finished among the top four pride-instilling achievements. THE CANADIAN PRESS

Rod Parnell, left, receives a flu shot from a nurse at a clinic in the downtown eastside of Vancouver. A new national poll found universal health care was almost universally loved by respondents. THE CANADIAN PRESS FILE

O Canada

78%

Our national anthem was a source of pride for 78 per cent of respondents, just behind the passport and flag at 84 per cent.

Rights

60%

The Canadian Charter of Rights and Freedoms fared well in the survey. Sixty per cent of respondents said the charter was "very important," with nine out of 10 deeming it important.

Hockey

48%

Just 48 per cent of polled Canadians said hockey imparted an important sense of national pride.

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Meet the new boss.
Empty drama expected from three byelections

By the time the dust settles late Monday night, a great deal more heat and noise will have been generated by a trio of federal byelections than the outcomes will likely merit.

What could be an electoral earthquake — signalling new fault lines in federal politics — is looking to be tremorless, with three new MPs, representing the same team colours as those who departed, expected to be en route to Parliament.

Along the way, however, the respective campaigns in Calgary Centre, Durham (Ont.), and Victoria will have presented an early test run — and political market research — for the distant general election battle of October 2015.

And judging by this month's byelection fireworks, 2015 will be quite a show.

The Conservatives watched a torpedo slice into the federal Liberal hull last week when an inflammatory 2010 interview by Justin Trudeau, the Liberal leadership heir apparent, suddenly emerged as a perfectly timed target. THE CANADIAN PRESS

St. Lucia

Man linked to P.E.I. death arrested

Police on the Caribbean island of St. Lucia have arrested a man in connection with the death of a 75-year-old Prince Edward Island man, Colin Peter. Peter's son has said his father was attacked and robbed while walking on a beach last Thursday.
THE CANADIAN PRESS

Climate cascade

Beetles warming forests: Study

New research suggests mountain pine beetles have become so widespread that they're not just benefiting from global warming, they're starting to contribute to it. Scientists have concluded that the warming climate has let the tree-killing beetle spread.
THE CANADIAN PRESS

Dying mine revived as stand-in for Mars

Asbestos, Que. Jeffrey Mine is being looked at as Canada's key to trips to the red planet

The Jeffrey open-pit asbestos mine is shown in October 2011 in Asbestos, Que. THE CANADIAN PRESS FILE

Canada's last asbestos mine, now winding down its operations, may have a new celestial calling — as a stand-in for planet Mars.

Quebec's Jeffrey Mine hosted nearly two dozen scientists recently for a simulated Mars mission initiated by Canada's space agency.

The scientists from four universities made a pair of trips to the Asbestos region, this year and last year, accompanied by a micro-rover.

"There are definitely areas (on Mars) that are much more like what we have at Jeffrey Mine," said Ed Cloutis, a University of Winnipeg professor who took part in the project.

The new vocation won't exactly replace the once-mighty asbestos industry as an economic lifeblood for the region.

The mine had been counting on a $58-million government loan to renovate and keep operating. The simulated Mars mission cost $800,000 — and some local officials, including an alderman and the town's director general, didn't even appear to be aware of the project when contacted by The Canadian Press.

The goal of the project was to simulate as closely as possible a Mars rover mission to detect the presence of, and determine the source of, methane on Mars.

Cloutis said the scientific missions to the Asbestos region could be Canada's ticket to future trips to the red planet.

"One way to search for life on Mars (is) you look at the gases that might be produced or used as a food source by bacteria on Mars," Cloutis said in an interview.

Methane gas, which can be found at the mine on the edge of the town of Asbestos, is one of two key indicators of life. The other is water. Methane has already been detected in the Martian atmosphere and scientists are hoping NASA's Curiosity rover will find it on the planet.
THE CANADIAN PRESS

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Why wait for Boxing Day? Deal season comes early

Black Friday, Cyber Monday. Longtime U.S. discount weekend is now taking root on Canadian soil

As hype surrounding Cyber Monday and Black Friday spreads north of the border, experts say the burgeoning weekend-long holiday sales event could soon surpass Boxing Day as the busiest shopping period of the year.

With the frenzy of what could be Canada's biggest-ever Black Friday over, deal-seekers are turning their focus to Cyber Monday, a day of deep online discounts held the Monday after the busiest shopping day of the year in the U.S.

For years, both events were largely U.S. phenomena that had Canadians who wanted to participate visiting American websites or making cross-border trips on the day after U.S. Thanksgiving, which marks the start of the crucial holiday shopping season when retailers turn profits, or go "into the black."

But a combination of factors — U.S. competitors setting up shop in Canada, Canadian retailers trying to keep sales local, Canadians' shifting shopping habits and tight-fisted consumers with shaky confidence in the economy — are helping to establish the events on Canadian soil.

Shop online, avoid mall fatigue: Cousins Maricruz Munoz, 15, left, and Monica Murillo, 15, sleep on a break from Black Friday shopping at Woodland Hills Mall on Friday, in Tulsa, Okla. Cyber Monday and Black Friday are spreading north of the border, experts say, and may soon surpass Boxing Day as the busiest shopping period of the year. MIKE SIMONS/TULSA WORLD/THE ASSOCIATED PRESS

Turkey and discounts

- In the U.S., Thanksgiving shopping on Thursday took a noticeable bite out of Black Friday's start to the holiday season, as retail sales in stores fell slightly from last year. Hundreds of thousands of shoppers hit sales Thursday evening while still full of their Thanksgiving dinner.

THE ASSOCIATED PRESS

Willy Kruh, global chairman in retail markets at KPMG, said he wouldn't be surprised if the four days from Black Friday to Cyber Monday soon overtake Boxing Day, now expanded to Boxing Week, as the best period for retailers in Canada.

He says Cyber Monday — which cropped up in Canada just three years ago — is growing at an even faster pace in Canada than Black Friday.

THE CANADIAN PRESS

Cheers! Wine consumption on 'meteoric rise' in Canada

Canadians are increasingly reaching for a glass of Beaujolais instead of beer and they're also drinking more domestic wines, says a new study on Canadian drinking habits.

Consumers bought an average of 22 bottles of wine in 2011, up from 13 in 1995, found the Bank of Montreal's special report on the Canadian wine industry.

"It's a meteoric rise, really," said David Rinneard, national manager of agriculture at BMO.

And Canada's wine industry is poised for solid growth over the next five years, thanks in part to an aging population, a willingness to pay more for premium wines and the opportunity for domestic producers to make bigger inroads in the Canadian marketplace, the report said. THE CANADIAN PRESS

Canada's wine industry is poised for solid growth over the next five years, a new report says. TORSTAR NEWS SERVICE FILE

Climate change

UN begins new global-warming talks in Qatar

As nearly 200 countries meet in oil- and gas-rich Qatar for annual talks starting Monday on slowing global warming, one of the main challenges will be raising climate aid for poor countries at a time when budgets are strained by financial turmoil.

Rich countries have delivered nearly $30 billion US in grants and loans promised in 2009, but those commitments expire this year.

THE ASSOCIATED PRESS

Television industry

Boom times return to Canuck production

Vancouver, Toronto and even Halifax are booming as TV production centres again, after a decade-long slump due to everything from a higher Canadian dollar to aggressive U.S. state tax incentives to SARS.

Rob LaBelle, executive producer of the upcoming CTV show Motive, says the success of Flashpoint helped reignite Canada as a base of production for North American dramas.

THE CANADIAN PRESS

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COMPASSION LETS HOMELESS SLEEP ON THE STREET

URBAN COMPASS
Paul Sullivan
vancouver@metronews.ca

I think we're missing something in the discussion about homelessness.

It's hard to believe that the topic hasn't been exhausted because it dominates city hall and the media, but it can get emotional and when things get emotional, they get simplistic. And there goes the discussion.

Today, the discussion is dominated by the Pivot Legal Society's challenge of Vancouver's bylaws preventing people from sleeping in the streets and the annual opening of the emergency HEAT shelters, which import a host of social problems from Main and Hastings to characteristically quiet residential neighbourhoods.

All of the players are compassionate, caring people. The Pivot Legal Society is against the harassment of homeless people and argues that the police abuse the homeless using laws that were designed to prevent them from freezing to death on cold winter nights.

And now that it's illegal to sleep on the street, the HEAT shelters were designed by city hall as warm alternatives and safe havens.

But somebody forgot to tell the guy who spends the night right on the corner of Hastings and Granville on a nice warm grate. Or the guy who sleeps in an alcove toward Seymour, or the guy who curls around the steam heat vent at Seymour and Pender. And that's just one city block, albeit in the heart of downtown.

These guys like to sleep in, so people walk gingerly around them careful not to disturb them. You can always tell the tourists. Those are the ones with their mouths hanging down when they discover the world's best place to live has another, less celebrated dimension.

Let's not kid ourselves. These guys have a place to go. They may not like the places they have to go, which are not always nice places. They may have too many bullies, drug dealers or cockroaches. The streets, the parks or under the viaducts may seem safer and cleaner.

But, all hand-wringing aside, this is not about a lack of compassion. If anything, it's about too much compassion. The Pivot Legal Society is arguing they are better off being able to choose where they want to live, even if where they want to live is right in the middle of the street.

City hall worries that it's not healthy, safe or good for anyone else, so the mayor and council promote HEAT shelters, but reluctant neighbours are worried for their own safety.

What's the solution? Unless we're prepared to force people to sleep indoors, or to re-institutionalize the mentally ill who can't stand crowded shelters or SROs no matter how protected from the elements, we're stuck with the visible presence of chronic, incurable street dwellers. And it's not because of neglect. It's because of compassion.

A man sleeps on the street in Vancouver. RAFE ARNOTT/METRO FILE

Many CDs make light work

OLI SCARFF/GETTY IMAGES

Art installation

Artwork puts CDs in a good light

An artist has created a festive display of light, using thousands of old CDs. Bruce Munro's work, entitled Blue Moon on a Platter, forms part of the Christmas decorations at Waddesdon Manor in Buckinghamshire, England, a Neo-Renaissance style of a French château originally built for the prominent Rothschild family of bankers.

METRO

A lot of tracks

50,000

The number of unwanted CDs used in Munro's installation. Donated by a local recycling centre, they were placed on a grassy amphitheatre, which measures 28 metres across. The "moon," which measures 1.5 metres in diameter, is made up of 101 spheres containing coiled optic fibers. It glows with blue light, which is passed along the fiber optics via a metal halide projector. It took Munro and his team of more than a dozen volunteers one week to install.

Artist's viewpoint

"At dusk, when the CDs reflect the light from the sky, and the landscape is dark, the installation shines brightest and looks like a massive sequin bead."

Bruce Munro,
light installation artist

Q & A

Brighter when dark

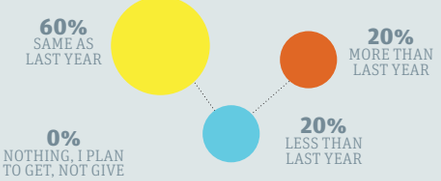
Metro: What's special about the material of CDs?

Munro: Their iridescent quality of reflecting light — they look just like a rainbow. But what's so unusual about the CDs is that they seem to reflect light better when there is not a lot of natural light around.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

How much do you plan on spending over the holidays?



Twitter

@RobBrimacombe: @PaulMcCartney @bcplace Paul, welcome back to Vancouver! I'm only 49, so missed your 22 mins last time! See you and Bruce in 8 hours...

@PaulMcCartney: Paul is playing live @bcplace in Vancouver tonight. Let us know if you're going & remember to @PaulMcCartney with your photos! #OnTheRun

@GuestArt: Countdown to #OnTheRun at BC place tonight! So pumped to be taking my dad to see @PaulMcCartney as its been 50 years since he's played here!

@katrinagorriexo: never been so grateful in my life, @PaulMcCartney concert tonight and I couldn't possibly be anymore excited #OnTheRun

@kirstieeSmithh: So excited for Paul McCartney tonight #OnTheRun

metro

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SCENE

No love for Bieber's halftime show from Grey Cup crowd

CFL. Bieber booed, Lightfoot lauded during splashy halftime show

Justin Bieber faced a hostile homecoming at the 100th Grey Cup on Sunday, with the jeering capacity crowd at the raucous Rogers Centre providing the teen idol with a reception as unyieldingly cold as a long Canadian winter.

The 18-year-old grew up roughly 150 kilometres down the road in Stratford, Ont., but that didn't help his cause with the rowdy crowd on hand, who took aim at the ubiquitous pop star whenever possible.

They booed when his face popped up on the JumboTron. They booed when a host spoke his name at the onset of halftime. And they booed with extra glee as he took the stage and throughout his medley of the finger-snapping, chart-topping hit Boyfriend and the disco-inflected club come-on Beauty and a Beat.

If Bieber was bothered by the boo-birds, it didn't show.

"It's an honour to be here at the Grey Cup in Canada," he said, a smile tugging at his lips despite the reaction.

"Make some noise. I said make some noise!"

Unfortunately, the crowd obliged. More boos.

As he wrapped up Beat a dazzling array of pyrotechnic lights popped into the air and at first the crowd responded enthusiastically. But once again, the cheers dissolved into boos.

"Thank you so much Canada," Bieber announced, ignoring the response. "I love you."

Most figured that while Bieber is a bona fide draw — an international star and tabloid fixture whose latest record Believe became his third straight to reach multi-platinum status in Canada after its June release — most of those fans simply weren't at the game.

"J-Biebs doesn't scream football, you know? Neither does Carly Rae Jepsen," said Calgary's Ryan Prisque, 22.

"Gordon Lightfoot — that'll be the time I turn back from the beer gardens and watch."

The 74-year-old Lightfoot certainly did captivate the crowd Sunday. With the stadium lights down, Lightfoot opened the halftime show by materializing on a modest stage near the 50-yard line, dressed in black and strumming an acoustic guitar. The crowd roared.

Pop outfit Marianas Trench was greeted mostly with indifference, while Jepsen also received a mixed reaction at first but won the crowd over during an enthusiastic medley of her latest single, This Kiss, and her smash hit Call Me Maybe. THE CANADIAN PRESS

By the numbers

Halftime show lighting and rigging:

- **More than 1,300 feet.** Of truss.
- **403.** Moving lights.
- **136.** Video panels.
- **100.** LED lights.
- **40-foot flames.** From 4 locations.
- **4.** Confetti blasters.
- **1.** Flying stage.

–TORSTAR NEWS SERVICE

Carly Rae Jepsen won over the crowd with her Call Me Maybe/This Kiss medley at the halftime show. THE CANADIAN PRESS

Football fans reserved the love for Canadian singer-songwriter legend Gordon Lightfoot THE CANADIAN PRESS

Bieber haters booed extra loud during his performance of Boyfriend, but the superstar was unfazed. THE CANADIAN PRESS

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J.R. actor Hagman brought 'joy to everyone he knew'

Remembering a legend. Actor, who was reprising infamous role in a new edition of popular TV series, succumbs to cancer

J.R. Ewing was a business cheat, faithless husband and bottomless well of corruption. Yet with his sparkling grin, Larry Hagman masterfully created the charmingly loathsome oil baron — and coaxed forth a Texas-size gusher of ratings — on television's long-running and hugely successful nighttime soap, Dallas.

Although he first gained fame as nice guy Capt. Tony Nelson on the fluffy 1965-70 NBC comedy I Dream of Jeannie, Hagman earned his greatest stardom with J.R. The CBS serial drama about the Ewing family and those in their orbit aired from April 1978 to May 1991, and broke viewing records with its Who shot J.R.? 1980 cliffhanger that left unclear if Hagman's character was dead.

The actor, who returned as J.R. in a new edition of Dallas this year, had a long history of health problems and died Friday due to complications from his battle with cancer, his family said.

"Larry was back in his beloved hometown of Dallas, re-enacting the iconic role he loved the most. Larry's family and closest friends had joined him in Dallas for the Thanksgiving holiday," the family said in a statement that was provided to The Associated Press by Warner Bros., producer of the show.

The 81-year-old actor was surrounded by friends and family before he passed peacefully, "just as he'd wished for," the statement said.

Linda Gray, his on-screen wife and later ex-wife in the original series and the sequel, was among those with Hagman in his final moments in a Dallas hospital, said her publicist, Jeffrey Lane.

"He brought joy to everyone he knew. He was creative, generous, funny, loving and talented, and I will miss him enormously.

"He was an original and lived life to the fullest," the actress said.

THE ASSOCIATED PRESS

In this photo from 2008, Larry Hagman poses in front of the Southfork Ranch from Dallas. THE ASSOCIATED PRESS

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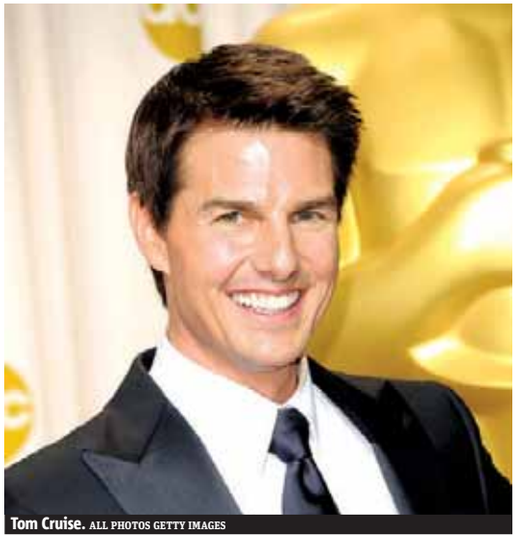
OUR TAKE ON THE WORLD OF CELEBRITIES



Tom Cruise. ALL PHOTOS GETTY IMAGES

Cruise flies in daughter for Thanksgiving

Even though Tom Cruise is currently on location in London filming All You Need is Kill, he still got to spend Thanksgiving with his daughter, six-year-old Suri Cruise, who was flown in for the occasion, according to Us Weekly.

The holiday was the "first time he's seen Suri in a long time," a source says.

Ex-wife Katie Holmes, meanwhile, headed to her parents' home in Toledo, Ohio, for the big day before returning to New York for a Friday evening performance of her Broadway play, Dead Accounts.

The Word

Berry caught in the middle as ex-boyfriend and fiancé go to war

It was a pretty dramatic Thanksgiving for Halle Berry as her ex-boyfriend Gabriel Aubry and fiancé Olivier Martinez came to blows during an argument when Aubry dropped off Nahla, the four-year-old daughter he shares with Berry, for the holiday, according to The Associated Press.

TMZ reports that Martinez broke his hand and sustained neck injuries in the fight, while Aubry walked away with a broken rib, facial contusions and a possible head injury.

Sources tell Us Weekly that Aubry "initiated" the fight after having words with Martinez.

"He shoved Olivier, then punched him. Olivier just defended himself," a source says.

Aubry was arrested and released on $20,000 bail.

He's due in court Dec. 13. Immediately following the scuffle, Berry obtained an emergency protective order against Aubry that forbids him from coming within 100 yards of Berry, Martinez or Nahla.

The order is set to expire Tuesday, but Berry is reportedly taking Aubry to court in hopes of making the restraining order permanent.

Taylor Swift

Swift talks about relationship mistakes she has made

Taylor Swift is well aware that she has a problem with falling in love too fast.

"I don't think there's an option for me to fall in love slowly or at medium speed. I either do or I don't. I don't think it through, really, which is a good and a bad thing," the 22-year-old singer tells Parade magazine, adding that in retrospect, her relationships don't always seem to be all that they are cracked up to be.

"I tend to think things are love and then look back and re-evaluate," she says.

"I know how many people I've said, 'I love you' to. I could probably count it up, but I don't feel like it. Part of me feels like you can't say you were truly in love if it didn't last. If I end up getting married and having kids, that's when I'll know it's real — because it lasted."

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Book excerpt

Going a little crazy?

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

You've been home with the kids too long when...

1. You own Memory Books for all of your children. And they are up to date.

2. Sorting through orphaned socks in the laundry room is a serious contender for an exciting afternoon activity.

3. You start begging the children to do some arts and crafts with you.

4. You have checked your email 16 times in the past 15 minutes.

5. You take your daughter to more than one store to look for the perfect pair of back-to-school runners.

6. You have noted the dry clean pick-up time on your desk diary (you still have a desk diary?).

7. Home made Valentine's and Christmas cards sound like fun!

8. You don't have the children in the car, but you're listening to their Mother Goose Raps CD. Hey, that next song really rocks.

9. Your six-year-old asks you to put her teddy bear down for a nap while she's at school and wake him up just before she gets home. You do it.

10. When the neighbours get new windows, you call your husband to tell him. Twice.

11. The appointment of a new school principal is a big deal. EXCERPTED FROM JOURNEY TO THE DARKSIDE: SUPERMOM GOES HOME, BY KATHY BUCKWORTH, KEY PORTER BOOKS, SOON TO BE AVAILABLE ON AUDIBLE. VISIT KATHYBUCKWORTH.COM.

Exclusively online

Mommy remembers the days when all she had in her fridge was three varieties of mustard. But now that you're born, meal planning has become slightly more complicated than choosing toppings off a pizza delivery menu. Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices

Love at first bark or meow

Pets. If you think you're ready for your first pet, check out the essentials that you should consider

EMMA GODMERE
life@metronews.ca

Got dog fever? Or maybe you're itching for a kitten? Adopting an animal for the first time can be a rewarding experience for any new owner. Studies show that pet ownership can be on par with human friendship when it comes to emotional benefits like increased self-esteem and fewer feelings of loneliness.

But with great company comes great responsibility. Even if you have your heart set on welcoming a lively German shepherd into your home, it's important to select the right pet for you, your family and your lifestyle.

"For single people, or households where people are out a lot, a dog's probably not going to be the best pet," suggests Dr. Simon Starkey, a veterinarian at PetSmart's headquarters in Arizona. Without company for extended periods of time, dogs can suffer from separation anxiety. Cats, on the other hand, tend to be more independent and content spending less time with their owners.

But that's not to say a particular type of animal should be out of the question. Meet Your Match, a program spearheaded by the American SPCA, helps hopeful owners find the right kind of furry friend for them.

"It's like eHarmony for dogs and cats," says Alison Cross, spokesperson for the Ontario SPCA. Pets go through personality assessments while prospective owners complete questionnaires to identify traits and needs in order to make the best match for both parties.

Maybe a smaller, less demanding animal, like a hamster or a guinea pig, is more fitting to your lifestyle. Little creatures with much shorter life expectancies may be a great introduction to pet care. Smaller animals still do require daily food and water top-ups and regular cleaning of cages and enclosures, with which the whole family can help.

Once you meet your new pet, finding a veterinarian and understanding the costs of taking care of the newest member of your family should be your next step. Vets will recommend the best type of food and tips for providing care.

Tips

- **Adoption.** "You're saving a lot of money if you choose to adopt," says Cross. Many shelters ensure pets are spayed or neutered, vaccinated and microchipped before putting them up for adoption.
- **Breeders.** Dog-seekers may choose to approach breeders to find their pet. The Humane Society of the United States suggests seeking referrals for responsible breeders from dog-owning friends whom you trust. The Canadian Kennel Club also provides links to its member breeders at ckc.ca.

The benefits of owning a pet come with responsibilities. ISTOCK

Start sharing

Remember your first pet? Was it a cat, dog or maybe a pet rock? Visit this article online, tweet us or even turn to the person next to you and share your memories of that special pet.

First in a series on firsts. This is the first in a weeklong series of articles chronicling some of the rites of passage many of Metro's readers will experience as they leave the nest or school and head out on their own.

Share your HALLS. Not your cough.

For the temporary relief of cough. Always read and follow the label.

HALLS
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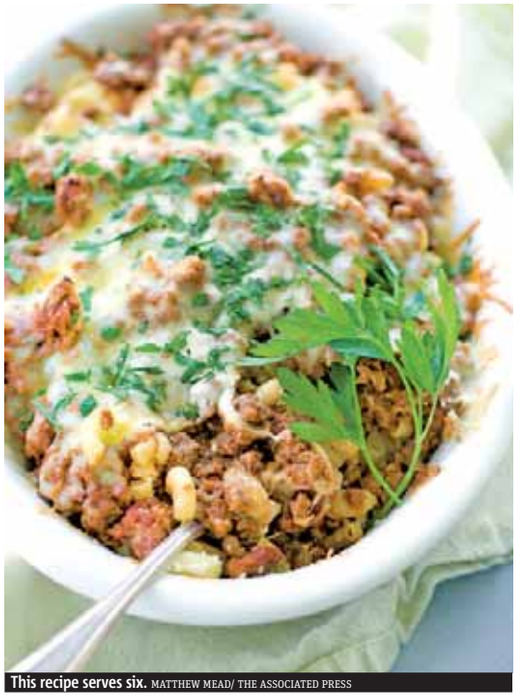
Give dinner an ooey, gooey touch with cheesy casserole



This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

"Forgive me for getting a little 'cheesy' here, but that's just what this one-dish wonder is all about: cheese," writes Dave Venable in his cookbook, In the Kitchen with David. "Everything we love about melted cheese — rich, ooey, gooeyness — is right here in this cheeseburger casserole."

1. Heat the oven to 350 F.

2. Bring a large pot of water to a boil. Add 1 tablespoon of the salt and the macaroni and cook until tender but still firm to the bite, 7 to 8 minutes. Drain well.

3. Heat a large skillet over medium-high heat. Add the beef and onion and cook, stirring, until the beef is well browned. Carefully drain the fat from the skillet, then stir in the tomato sauce, the remaining 1 teaspoon of salt, and the black pepper. Bring to a simmer over low heat while preparing the remaining ingredients.

4. In bowl, combine ricotta, sour cream, bell pepper and scallions. Spread half of the pasta in a 9-by-13-inch baking dish. Top with the ricotta mixture, then the remaining pasta. Pour the meat mixture over the top. Sprinkle with the cheddar and mozzarella.

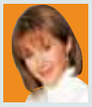
5. Bake casserole until the cheese is melted and lightly browned, about 20 minutes. Sprinkle with parsley before serving. **THE ASSOCIATED PRESS/ DAVE VENABLE'S IN THE KITCHEN WITH DAVID, BALLANTINE BOOKS, 2012**

Ingredients

- 1 tbsp plus 1 tsp kosher salt
- 16-oz package elbow macaroni
- 2 lbs ground beef
- 1 large onion, chopped
- Two 8-oz cans tomato sauce
- 1/8 tsp ground black pepper
- 1 cup ricotta cheese
- 1/4 cup sour cream
- 1/3 cup chopped green bell pepper
- 1/3 cup chopped scallions
- 1/2 cup shredded cheddar cheese
- 1/4 cup shredded mozzarella
- 1/4 cup parsley, chopped

Healthy eating

Choose it and lose it



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Snack bars are the go-to after-school treat for many kids. However, be wary of the empty nutrients.

2 Quaker Peanut Butter Granola Bars

300 calories/ 14 g fat/ 7 g sat fat/ 20 g sugar

Granola bars are not really a snack since they lack the substantial protein and fibre you need. The calories and fat are empty nutrients.

Equivalent

Two Quaker Peanut Butter Granola Bars are equal in fat to seven Honey Drop Timbits from Tim Hortons.

2 Rice Krispie Squares

180 calories/ 6 g fat/ 1 g sat fat/ 16 g sugar

If you want a sweet snack, choose this since the calories and fat are half and there's little saturated fat.

Turkey takes Mac 'n' Cheese to the next level

1. In a large non-stick skillet, heat oil over medium-high heat. Brown turkey, breaking into small pieces with a wooden spoon. Transfer to a plate.

2. In a large saucepan, melt butter over medium-high heat. Stir in onion and cook until translucent, about 5 minutes. Stir in garlic and cook just until fragrant, but not browned, about 1 minute.

3. Whisk in flour and cook until combines into a thick paste, about 1 minute. Continue whisking and slowly pour in milk. Bring to a boil and reduce heat to maintain a simmer, whisking often, until sauce is thick, about 10 minutes.

4. Whisk in Dijon, salt and pepper. Whisk in cheddar until smooth. Stir in noodles, reserved turkey with accumulated juice and tomatoes.

5. Pour into a greased 33-by-23-cm (13-by-9-inch) baking dish. Sprinkle with bread crumbs and bake in a 180 C (350 F) oven until sauce is bubbling and top is golden, about 30 minutes. Let sit for 10 minutes before serving. **THE CANADIAN PRESS/ MAKEITSUPER.CA**

Ingredients

- 5 ml (1 tsp) vegetable oil
- 500 g (1 lb) lean ground turkey
- 50 ml (1/4 cup) butter
- 1 small onion
- 3 cloves garlic
- 75 ml (1/3 cup) all-purpose flour
- 1 l (4 cups) hot milk
- 30 ml (2 tbsp) Dijon mustard
- 2 ml (1/2 tsp) each salt and freshly cracked pepper
- 500 ml (2 cups) lightly packed, shredded old cheddar cheese
- 500 g (1 lb) cooked elbow noodles
- 1 can (796 ml/28 oz) diced seasoned tomatoes
- 250 ml (1 cup) bread crumbs

This recipe serves eight. THE CANADIAN PRESS HANDOUT

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Are you driving your co-workers coconuts?

Offensive at the office. Have your colleagues been ducking under their desks when you approach? You might want to rethink your behaviour

BRUCE WALSH
TalentEgg.ca

Have a co-worker who creeps over the cube walls? ISTOCK

Author and motivational speaker Rick Brinkman has been speaking to companies for over two decades. In the mid-'90s he co-authored the workplace classic, Dealing With People You Can't Stand, utilizing psychological research to help co-workers avoid brawling in the cubicles.

What's the most common type of annoying co-worker?
Annoying is in the eye of the beholder, and there are different types of annoying people. For instance: If someone makes commitments they don't keep, I might find that annoying to no end. But you may intuitively know how to slow down and make it safe for that person to make a realistic commitment. Your particular annoyance may be whining. But that doesn't even show up on my radar.

How do you know if you are, in fact, the annoying person at work?
When people read our book, they tend to recognize what they do very quickly. It's somewhat innocent, and we all do at least one of these behaviours now and again. It's just that there are certain ones we're more likely to go to under stress.

How do you cut back on your own annoying behaviours?
You can start by recognizing the particular type of negative behaviour that comes out of you under stress. Then ask yourself, "How is this working for me? Am I getting what I want? What reactions am I getting from others?" Usually people find that this behaviour is creating their own worst nightmare. Once they realize that, it's easier to change.

Is there a difference between how we exhibit these behaviours at home versus the workplace?
Yes! It can be totally opposite. Some people are a total "tank" (overly controlling) at work and a "nothing" (nonresponsive) at home. I recently interviewed a CEO who was very much a get-it-done control person at work. But she noticed she was whining to her husband about the business. Her husband could not understand how she could run a company, because she constantly presented herself as a victim. But the behaviour is totally different, because the context of the relationship is totally different.

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The In-Credibility Factor

Name: Cassandra Rush
City: Langley, B.C.
Age: 29
Occupation: Founder of Sassy Cassy's Boots Inc.

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Cassandra Rush. PROVIDED

Cassandra Rush loved boots, but was frustrated when she would try some of them on and the zippers wouldn't go all the way to the top. After doing some research, she realized that no one was offering boots with different calf sizes. Securing a loan through the Canadian Business Foundation, Rush developed a business plan and travelled to Mexico to work with a manufacturer. Sassy Cassy's Boots was born and today she designs and manufactures her specialty boots that are worn by celebrities — and happy customers everywhere.

I knew I was on my way when... I went to the Country Music Awards and worked with celebrities who saw my product and loved it. They were able to provide testimonials for my product and that built the marketing foundation for my company. People saw celebrities wearing my boots and that made Sassy Cassy's successful in the marketplace. I've joined shoe associations and hired sales reps to sell the product across Canada, the U.S. and online. Great things take time, but I'm looking forward to a successful future.

Action Plan

- **Be money smart**
When a lot of people start a new business, they think they will be successful right away, but it takes five years to be noticed in the marketplace. You have to be money smart to get you through the first years of your business.

- **Find free marketing**
Embrace all your free marketing initiatives to the fullest potential. Social media, articles, whatever you can find, take full advantage of everything to grow your business.

- **Don't give up**
You will go through ups and downs in your business and there will always be people who say no. But at the end of the day, there will be a door that opens. As long as you have a dream and a vision, it can come true!

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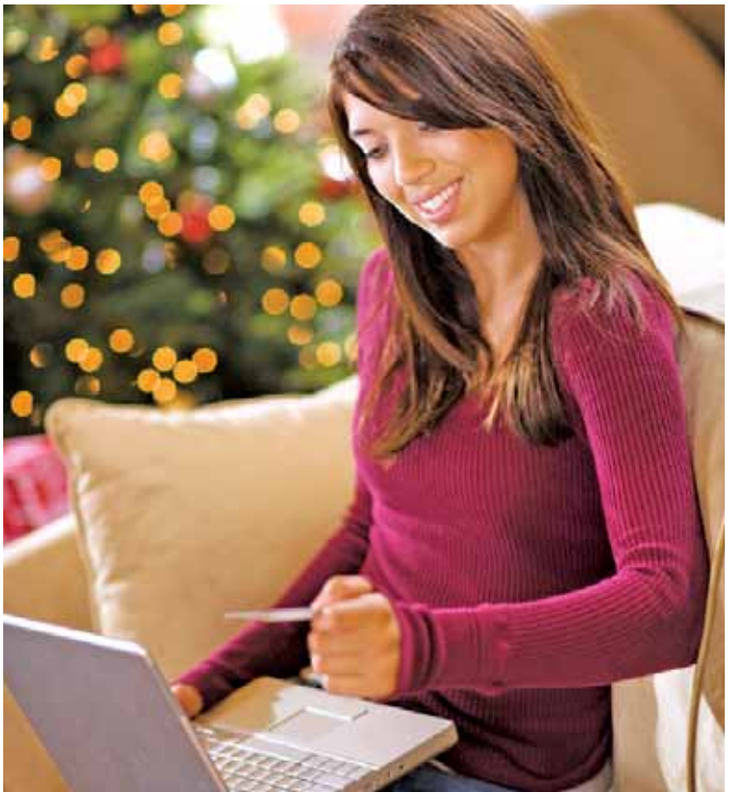

BROWSING ON YOUR BROWSERS

SHOPPERS SURFING FOR THE BEST DEALS

You know by now about Black Friday, the deeply discounted shopping day that kicks off the U.S. Christmas shopping season. But how about Cyber Monday?

As Bill Rand explains it, Cyber Monday grew as an online counterpart to Black Friday, which generally falls after the U.S. Thanksgiving. "The idea was that online retailers would offer great holiday deals the Monday after (American) Thanksgiving similar to the deals that brick and mortar shops offer the Friday after Thanksgiving," says Rand, the assistant professor of marketing and director for the University of Maryland's Robert H. Smith School of Business. But recently, Cyber Monday has become a bit of a misnomer, Rand adds. "Originally, Cyber Monday was on Monday because people would be at their work computers on Monday, but with the growth of the use of tablets and smartphones for online commerce, Cyber Monday had been extended and now many of the deals are offered on Black Friday as well."

That's the emerging trend marking 2012's Cyber Monday — the appearance of deals as early as the Friday morning before. "Given the recovering economy and the fact that consumers are feeling more positive about their wallets than they have in a while, retailers are looking to capitalize on this trend by offering discounts and deals to get them in stores — or in the case of Cyber Monday, on to their website," Rand says. "Black Friday was originally called Black Friday because it was a single shopping day that could put a retailer into the 'black' or profitable for the whole year. And retailers hope that this year will definitely bear out that name."

According to the Toronto-based Interac Association, about 19 per cent of Canadians report they will likely shop online on Cyber Monday. "And according to our Interac survey, online shoppers expect to spend an estimated average of $303 that day," says Teri Murphy, senior manager, corporate and stakeholder relations. Hot items include video games, books, ebooks and DVDs, clothing and accessories, computers, tablets, e-readers, mobile phones and MP3 players.

"And the release of the new Wii U and several major games means the video game market should remain strong," adds Rand. "Other technology items like HD TVs will remain popular. Often during downturns people put off buying new TVs and other consumer durables that are failing, and so as we come out of the downturn these items tend to be purchased at a sharper rate." *— Astrid Van Den Broek*

DEALS 'WORTH IT' FOR CANADIANS

Unlike Black Friday deals, some of which have you packing a sleeping bag to park yourself early in front of Walmart, Cyber Monday deals can be done from the comfort of your laptop.

But how can you best take advantage of these deals?

Hone in on your favourite online stores first such as Amazon or Best Buy, to see if their sites are offering any deals that particular weekend, says Bill Rand, the assistant professor of marketing and director for the University of Maryland's Robert H. Smith School of Business. "Also, search online to see if any of the 'brick and mortar' stores you normally shop at also maintain an online presence," he suggests.

Yet, even with deeply discounted products available, is it worth it for Canadians to try and take advantage of these online deals?

"Given the current exchange rate between the US and Canada — it's almost equal — and the fact that shipping rates are lower than ever, there will be quite a few deals that will still be worth it," says Rand. He also notes that many deals aren't even shipping from the U.S. anymore, so the difference in shipping prices should not be large.

"For instance, Apple has announced a bunch of deals for Friday and most of that ships from China anyway," says Rand. Yet to be sure, when shopping online, check all the additional fees, especially shipping and taxes, before hitting the checkout button.

It also helps if you do some research ahead of time to see how much products generally cost. "Many sites publish deals they plan to offer beforehand so look at these flyers to determine if the price is a good price, or if they just marked up the deal a week before to mark it down again," Rand advises. "Slickdeals.com is a website that has a great reputation for providing research about any deals you find and determining if there is a better deal out there."

What are some of the best sites to check out? Along with Slickdeals.com — which also collects the Black Friday/Cyber Monday deals in one place — FatWallet.com is another site to click on.

"It works as an affiliate merchant which means they provide links to other Web sites and then earn a small commission on any sales originating from FatWallet," Rand says. "FatWallet then returns some commission to consumers so you get the standard deal and you earn a few percentage points back on your purchase as well." *— Astrid Van Den Broek*

[1]LIMITED TIME OFFER. Offer valid on qualifying purchases of $20 CDN or more made between Nov. 21, 2012 and Dec. 5, 2012. 20x offer applies to the total base reward miles earned on qualifying purchase amount excluding shipping, duty and taxes. Base Offer may vary. Click on store logo on airmilesshops.ca for Offer details. Collectors must sign in at airmilesshops.ca before purchasing in order to earn reward miles. Offer can be combined with other Bonus reward miles Offers. Does not apply to purchases made at the following stores: Netflix or Rogers Magazine subscriptions (including *Chatelaine, Today's Parent* and *Maclean's).* All other stores are subject to change and may be withdrawn at any time. Reward miles will appear in your account within 120 days.

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BARGAINS A CLICK AWAY

SHARE TO EARN REWARDS WITH NEW MARKETPLACE ONLINE AT SHOP.CA

Pam Bryant loves a good deal, and when she signed up at the online mall shop.ca, she didn't know the half of it.

What caught the eye of 38-year-old Bryant was the $25 sign-up bonus, which she could use on her first purchase of $100. She went shopping on the website almost immediately, bought a well-priced LED TV, and used the bonus money towards it. Bryant liked the TV so much she shared the purchase on her Facebook wall and a few weeks later, posted a review — and that's when things got really good. When one of her friends clicked on her post and signed up to shop.ca, Bryant got a referral credit of $25. Then, when her friend spent her first $75 on the same TV, Bryant received 1 per cent of that purchase amount in her account too.

"It was way more than I bargained for," says Bryant, a wife and mom in Hamilton, Ont. "It's all about sharing information on my social networks, which I do all the time anyway, and now I get cash rewards in return."

"Our innovative Social Loyalty Network sets us apart from any other Rewards program," says Trevor Newell, founder and president of shop.ca. "We want Canadians to share the products they love with their friends, and we'll reward them for doing so every step — and share — of the way."

Shop.ca is a new and exciting online marketplace that features millions of products and thousands of brands from around the world. You can buy everything from living room furniture to pillows and tools.

Shop.ca has streamlined the whole process of online shopping in Canada, according to Drew Green, founder and chief executive officer.

When you buy at shop.ca, all your purchases go into one shopping cart, with a simple checkout process and multiple payment options. Once ordered, shop.ca ensures your order is delivered right to your door.

There aren't cross-border duty charges — or hassles — and there's no charge for shipping or returns. The return policy gives you up to 365 days to return an item.

Says Green: "We also have an amazing team of customer loyalty leaders right here in Canada who chat on the phone or online with you. They've even been known to drive to houses to get a product to somebody if there's been a delivery hiccup."

THE SOCIAL LOYALTY NETWORK

Do you like to talk to your friends about the things you buy? Now you can turn that pastime into cash, says Trevor Newell, founder and president of shop.ca.

Members of the Social Loyalty Network at shop.ca can get from 1 to 2.5 per cent cash rewards when they share their purchases and post reviews via Facebook, Twitter, LinkedIn or by email. They can also earn when a friend buys the same product from a link they shared.

Members also get $25 for every person they refer to shop.ca and when that friend makes a first purchase of $75 or more.

Sign-up is free and all new members get a $25 sign-up bonus to spend on a $100 purchase and 0.5 per cent cash rewards as a starting point on every purchase they make. That 0.5 per cent can turn into 2.5 per cent when they share and earn at shop.ca.

THE WORLD'S COOLEST 'ROBOT TOYS'

KIDS OF ALL AGES WILL LOVE THESE CYBER TOYS

For Cyber Monday, shop.ca offers both the Sphero and Robosapien at a special price of $109 each. But if you sign up today and become a member of shop.ca, you can use the $25 sign-up bonus against the price.

THE AMAZING SPHERO

The Sphero is being heralded as the year's hottest gadget toy.

The Sphero smart "robot" is housed in a round and durable shell roughly the size of a baseball. You control it with a tilt, touch, or swing from your smartphone or tablet. Or, you can use Sphero as a controller for on-screen games.

Sphero is IOS- and Android-compatible, and there are lots of games and apps available for download.

With the Sphero Golf app, for example, create a "hole," then swing your smartphone to put Sphero towards it.

The Chromo app lets you challenge yourself in a new way — by holding Sphero in your hand and moving it to match colours on your screen.

Or, download Sharky the Beaver, the first app that lets you take a virtual three-dimensional character for a walk around your house.

You get more than an hour of non-stop play, with cable-free induction charging.

THE WORLD'S FRIENDLIEST HOME ROBOT

Bring home WowWee's 14-inch Robosapien remote control robot — and watch the fun and silliness begin.

Designed by a NASA scientist, Robosapien has a full range of motions and interactive sensors as well as a unique personality.

Robosapien has fast, full function arms with grippers and working hands, and can walk, run and turn, shake hands, and even speak fluent international "caveman."

In all, there are 67 pre-programmed functions including pick-up, throw, kick, sweep, dance, belch, rap, and many different kung-fu moves.

Robosapien is easy-to-use with no complicated setup or need for a computer. It is easily controlled by an ergonomic remote and runs on regular batteries for more than six hours.

Argos sink Stampeders and sail to a championship

100th Grey Cup. Toronto defence hobbles Calgary's usually potent offence to earn win at home

Toronto Argonauts running back Chad Kackert runs the ball against Calgary Stampeders defensive back Keon Raymond on Sunday in Toronto. Kackert was named most outstanding player of the Grey Cup, which the Argos won 35-22. NATHAN DENETTE/THE CANADIAN PRESS

A rugged defence staggered the Calgary Stampeders before Ricky Ray delivered the knockout punch and earned the Toronto Argonauts a historic Grey Cup victory Sunday.

Toronto's defence, under the guidance of former Calgary assistant Chris Jones, held CFL rushing leader Jon Cornish to 57 yards while pressuring quarterback Kevin Glenn. Then Ray's seven-yard TD pass to Andre Durie late in the game cemented the Argonauts' 35-22 win in the 100th edition of the CFL championship.

Toronto running back Chad Kackert, with 133 yards rushing, was the game MVP while defensive end Ricky Foley claimed top Canadian honours.

Kackert showed the Argos have a multifaceted offence that could compensate for a relatively quiet game from CFL outstanding player Chad Owens.

"Chad Owens was outstanding player, and maybe they keyed on him, and we have a lot of great receivers too," Kackert said. "You can't key on anybody."

Ray, obtained last December in a blockbuster trade with Edmonton, finished 18-of-30 passing for 231 yards and two TDs.

The Argos dominated a potent Calgary offence that scored 51 TDs this season — tied with Montreal for the league lead — holding it to just four field goals before Maurice Price's TD catch and two-point conversion with 20 seconds remaining.

Defensive back Pacino Horne brought the rabid Rogers Centre sellout crowd of 53,208 to its feet in the opening half. His key 25-yard TD interception return staked Toronto to a dominant 18-point halftime advantage.

Calgary came in as the CFL's hottest team with 13 wins in 15 games after opening the season 3-4. Glenn guided the club to nine wins in 14 starts after incumbent Drew Tate injured his shoulder, then replaced the injured Tate (forearm) to lead the Stampeders past the defending Grey Cup-champion B.C. Lions in last weekend's West final.

Calgary also boasted the CFL's top rusher in Cornish, the league's top Canadian after running for 1,457 yards this season.

Sunday's game

Argonauts	Stampeders
35	22

But Glenn and Co. had no answer for Toronto's swarming defence as the Argos ended their season with a fifth straight victory. Earlier this year, the CFL fined the Argos $5,000 for tampering after hiring Jones, ruling they didn't ask Calgary for permission to speak with the defensive co-ordinator.

With the loss, Calgary finished a dismal 0-3 versus Toronto this season.

"We didn't start well. We didn't take advantage of their turnover, and they got two touchdowns on theirs," Stampeders coach John Hufnagel said. "But the bottom line was that we didn't get the ball into the end zone until the game was out of reach."

THE CANADIAN PRESS

Food

11,000

11,000 pounds of french fries, 7,000 pounds of meat (including hotdogs, hamburgers, carved beef, turkey and ham), 3,000 pounds of chicken wings and 16,380 chilled shrimp were prepared for Sunday's game.

Who showed up

50,634

50,634 ticketed seats, 2,572 seats in suites and 320 people in 70 Renaissance hotel rooms overlooking the field were sold.

Who worked

271

Seven game officials, three alternate game officials, 15 support crew, 20 on-field security staff, 12 RCMP officers and 271 cheerleaders (representing every CFL team) worked the Grey Cup game.

Turf

52

52 panels of artificial turf were used, most 15 feet wide by 170 feet long. Each panel weighs between 11,000 and 13,000 pounds. TORSTAR NEWS SERVICE

Saskatchewan prepares to play Grey Cup host

Saskatchewan Roughriders fans react before the 100th CFL Grey Cup game on Sunday in Toronto. GRAHAM HUGHES/THE CANADIAN PRESS

Saskatchewanians across the province were busy Sunday hosting Grey Cup parties, but next year they will need to prepare for hosting on a much larger scale.

Regina will be host to the 2013 Grey Cup, a fact that is bound to put some logistical stress on the CFL's smallest city.

"It will be especially busy for everyone in Regina," said Sean Haynes, manager at the Hub Sport Bar and Grill. "Whether it is restaurants, bars or whatever, whoever has got a TV will definitely be busy."

Regardless, given that so many Saskatchewanians live and breathe football, Regina should make for a vibrant host city for the event.

"I think, as it is with just about every game, it's going to be a Rider sellout," said Riders fan Tom Maurer in Saskatoon. "The stands are just going to be green, and everybody's going to be wanting to go there."

Even a year in advance, Regina hotels are sold out of rooms for the big weekend.

JEFF MACKIE/METRO IN REGINA WITH FILES FROM MORGAN MODJESKI/METRO IN SASKATOON

Heat goalie Barry Brust, seen here in a game against the Chicago Wolves, set the new AHL shutout record Saturday night in San Antonio, Texas. CLINT TRAHAN/ABBOTSFORD HEAT MEDIA

Heat's Brust brushes up with goalie greatness

AHL. Abbotsford goalie breaks Johnny Bower's 55-year-old AHL shutout record

CAM TUCKER
cam.tucker@metronews.ca

A year ago, Barry Brust was a continent away from the American Hockey League, and thus an unlikely candidate to make history.

But hockey is a funny game.

Back in North America after a season in the German Ice Hockey League and now a member of the Abbotsford Heat's three-headed goaltending monster, Brust broke Johnny Bower's 55-year-old shutout record on Saturday in a 3-2 shootout win over the San Antonio Rampage.

Bower, a Hockey Hall of Famer, set the old record at 249 minutes and 51 seconds back in 1957 with the Cleveland Barons.

The new mark belongs to Brust, who stretched it to 268 minutes and 17 seconds without allowing a goal.

"It's pretty nice. It's just nice to get it for the boys," Brust said in a phone interview following the Heat's 3-2 overtime loss to the Houston Aeros on Sunday.

"I think I only had three shots in the first period, so (my teammates) did a wonderful job like they have all along, especially for me, and it was really nice. I'm kind of glad it's over, got past it and now can just focus on other things."

Brust officially set the record at 18:11 of the first period in San Antonio. And he knew it.

"I was pretty emotional about it and just thankful for the opportunity that I've been given," he said.

"Thankful for the people that brought me here. Otherwise we wouldn't be talking about this, so it's been a wild ride so far and pretty exciting."

James Wright finally snapped the streak with a goal at 16:36 of the second period. Quinton Howden beat Brust less than two minutes later to give the Rampage the lead.

But it wouldn't last, and the Heat would pull through in an 11-round shootout.

Brust has now allowed just three goals in five games — Chicago Wolves forward and Vancouver Canucks prospect Zack Kassian, way back on Oct. 20, was the lone player to score on him prior to this weekend.

The win was a fitting end to a night that had been a year in the making.

Brust was brought to Abbotsford as someone who could challenge for the starting netminder job, along with Danny Taylor and Calgary Flames 2006 first-round pick Leland Irving, the duo that carried the Heat to the Western Conference semi-finals last season.

But his connections in the Heat organization were on to something.

Brust played for current Heat head coach Troy Ward and assistant Luke Strand when they were with the Houston Aeros, taught at Pro-Formance Goalie Schools with Heat goaltending coach Jordan Sigalet and played his first year of pro hockey with Heat assistant coach Cail MacLean.

"I have a lot of history there and it's made the transition a lot easier for me personally," said Brust.

"I can't say enough about the experience I've had so far."

Barely overtime

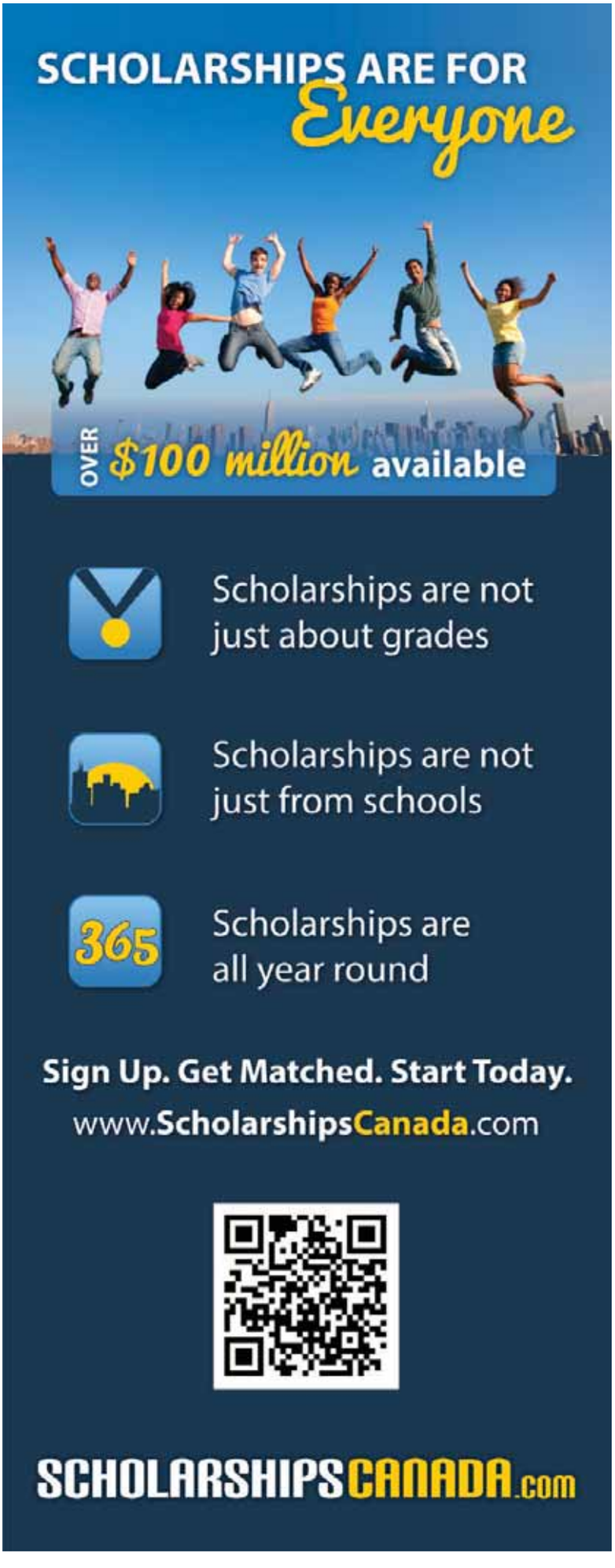
Zucker wastes no time in OT

Less than 24 hours after Barry Brust made AHL history, the Abbotsford Heat were involved in another milestone night.

The Heat lost 3-2 in overtime Sunday to the Houston Aeros, concluding a five-game road trip that included three games in three nights across the state of Texas.

Jason Zucker's goal five seconds into the extra frame tied an AHL record for the fastest overtime goal in league history.

The Heat still earned the single point and seven of a possible 10 points on the trip. CAM TUCKER/METRO



Sliding to success

Humphries and Valois' strong World Cup start continues

Kaillie Humphries and Chelsea Valois completed a natural hat trick of sorts this weekend at the FITB Bobsleigh and Skeleton World Cup stop in Whistler.

Humphries and Valois took home the gold medal in the two-women bobsleigh event at the Whistler Sliding Centre on Friday, making it the pair's third first-place finish in as many World Cup events to begin the 2012-13 season.

The duo, riding in Canada 1, won the gold with a combined time of 1:48.68.

That turned out to be one of four podium finishes for the Canadian contingent.

Sarah Reid placed second in women's skeleton with a combined time of 1:51.09, which was just 0.17 seconds off the pace of first-place finisher Marion Thees of Germany.

For Reid, it was her second podium finish of the 2012-13 World Cup campaign.

Lyndon Rush piloted Canada to a silver medal in the men's two-man bobsleigh. Along with Lascelles Brown, Rush was just 0.04 seconds off the winning pace set by Steven Holcomb and Steven Langton from the U.S.

Chris Spring piloted Canada to a third place finish in the four-man bobsleigh event. METRO

Chelsea Valois, left, and Kaillie Humphries display their medals after winning the women's bobsled in Whistler on Friday. THE CANADIAN PRESS

WHL

Giants fail to keep up with Blazers

The Vancouver Giants will look to end a four-game losing streak Wednesday when they host the struggling Moose Jaw Warriors.

The Giants, despite a 29-save performance from 16-year goaltender Payton Lee, dropped a 2-1 decision to the Kamloops Blazers, the Western Hockey League's top team with 20 wins and 42 points, on Saturday. METRO

Giants make big statement in return from bye week

NFL. Eli Manning and New York look rejuvenated as they brreze past Green Bay

Week 12

Giants	Packers
38	10

So much for that tired arm for Eli Manning, and that offensive slump for the New York Giants. They got it fixed in their bye week, then routed the Green Bay Packers 38-10 Sunday night.

The Packers certainly can attest to New York's turnaround following a week off. The showcase game was decided early as the Giants outscored the Packers 31-10 in the opening half. Manning reached 200 career TD passes by throwing for three scores as New York (7-4) snapped a two-game slide, ended Green Bay's five-game winning streak, and opened a two-game lead in the NFC East.

"Play like world champions," coach Tom Coughlin said. "That was the theme of our meetings this week and Saturday."

The Packers (7-4) were missing such key starters as linebacker Clay Matthews, defensive back Charles Woodson and receiver Greg Jennings, and it showed as they fell one game behind NFC North leader Chicago. After being manhandled in last season's playoffs by the Giants, who went on to win the Super Bowl, the Packers weren't much more competitive this time. Aaron Rodgers was sacked five times, including twice by Mathias Kiwanuka, who spent much of the game at defensive tackle rather than in his usual linebacker spot.

New York's balanced attack was guided by Manning, who had his first strong game in a month with 249 yards passing.

"I never thought my arm was tired, never felt like it," Manning said. "After a week off, you come back to practice, it felt good, alive, balls coming out with a little pop on it.

"After 10 weeks, it definitely needed a little rest."

Coughlin knew Manning would return with some extra verve.

"I think the rest really helped him," said Coughlin. "Eli said he felt as if he was coming back for the start of the season.

"I was very confident he would come back and be Eli."

Ahmad Bradshaw gained a combined 119 yards and scored a touchdown. He had the first big play of the night to begin the offensive onslaught.

New York struck early with a brilliantly conceived screen pass to Bradshaw off a fake reverse to Victor Cruz. Bradshaw sped down the field before being caught at the Green Bay 2, a 59-yard pickup that led to Andre Brown's scoring run.

Brown later broke his leg; Coughlin did not say which leg after the game.

"It will be a tough loss, he is an important player," Manning said.

Green Bay didn't flinch, with Jordy Nelson getting behind Corey Webster in single coverage down the right sideline for a 61-yard TD reception from Rodgers.

The scoring flurry went back in the Giants' favour — and pretty much stayed there — when Manning hit Rueben Randle in the back of the end zone for a 16-yard TD. It was the first score for the rookie and Manning's first touchdown throw in four games, and he set it up with, of all things, a scramble in which he laid his shoulder into Packers cornerback Tramon Williams for a 13-yard gain.

"It sparked our sideline," Coughlin said. "It would not be the recommended way. To see him do that kind of sent the message to the rest of our team: Whatever you have to do to succeed, do it."

The 31 points were the most New York scored in a half all season and nearly equaled the 33 it scored in its two losses before the bye. THE ASSOCIATED PRESS

New York Giants receiver Rueben Randle, right, catches a pass for a touchdown in front of Green Bay Packers defenders on Sunday in East Rutherford, N.J. KATHY WILLENS/THE ASSOCIATED PRESS

Quoted

"There was no doubt he was going to come back and play well."

New York Giants coach Tom Coughlin on star quarterback Eli Manning's performance on Sunday as the Giants returned from their bye week.

Title decider. Vettel toughs out wild finale to become F1's youngest triple-champion

Sebastian Vettel found himself spinning around on the track just after the start, watching helplessly as other cars whizzed past him and his Formula One title hopes seemingly drifted away with them.

It was only the start of Vettel's problems on Sunday in what he called the toughest race of his career, but he overcame them all to drive away with the only prize that mattered — his third straight championship title.

Vettel shook off a first-lap crash and a series of other difficulties to finish sixth at the Brazilian Grand Prix, good enough to protect his lead over challenger Fernando Alonso and become F1's youngest three-time champion at age 25.

Jenson Button of McLaren won the incident-filled race at Interlagos, with Alonso finishing second and Ferrari teammate Felipe Massa third.

Seven-time world champion Michael Schumacher, F1's most successful driver, finished seventh in his final race after 19 seasons.

But they were all overshadowed by Vettel, who had to overcome a poor start, the early crash, a damaged car, a broken radio, a botched pit stop and pouring rain.

"Just look at the stuff that went wrong. It was for sure the toughest race," Vettel said. "We kept believing. It was never game over." THE ASSOCIATED PRESS

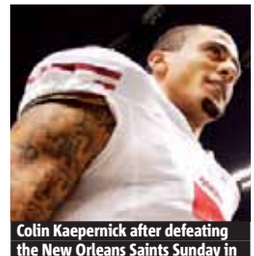
Sebastian Vettel celebrates on Sunday in Sao Paulo, Brazil. GETTY IMAGES

Dominant defence. 49ers keep Brees under wraps

Ahmad Brooks, Donte Whitner and the rest of the San Francisco defence made enough plays for the 49ers to win no matter who they started at quarterback.

Brooks and Whitner returned interceptions for touchdowns, the 49ers sacked Drew Brees five times, and San Francisco ended the New Orleans Saints' three-game winning streak, 31-21 on Sunday.

Colin Kaepernick was solid in his second career start while Alex Smith, deemed healthy enough to suit up after recovering from a concussion, watched from the sideline. Kaepernick passed for 231 yards, including a short touchdown to Frank Gore. He also ran for a 7-yard score. THE ASSOCIATED PRESS



Colin Kaepernick after defeating the New Orleans Saints Sunday in New Orleans. GETTY IMAGES

Horoscopes

Aries
March 21 - April 20
No matter how high you have flown in the past you will fly even higher this coming week. The Sun linked to Uranus in your sign will endow you with courage and confidence — but most of all with a sense of adventure.

Taurus
April 21 - May 21
Sacrifices will have to be made but there is no reason why they should be painful. The secret is to not let yourself get so attached to material things. Money is important, of course, but next to love and laughter it means nothing.

Gemini
May 22 - June 21
Let other people guide you this week. It will do you good to let family and friends take responsibility for making important decisions — and free up time and energy for you to have fun of a more personal kind.

Cancer
June 22 - July 23
Because you are such a generous soul you find it hard to say no when others ask you to help, but the planets warn you could end up taking on more than you can handle this week. Put your own health and happiness first.

Leo
July 24 - Aug. 23
If you insist that the world conforms to your way of thinking then, to put it bluntly, you are going to be disappointed. Why would you want everyone to think like you anyway?

Virgo
Aug. 24 - Sept. 23
Rise above petty people and petty squabbles today – let nothing disturb your peace of mind. Remember: it is not what others say or do that is important but how you choose to react to it. So don't react.

Libra
Sept. 24 - Oct. 23
It may seem as if you are getting lots done but according to the planets you are running around for no good reason. It's time to slow down a bit and take more care of what you are doing. Think quality, not quantity.

Scorpio
Oct. 24 - Nov. 22
Try not to do things for no better reason than you want to convince the doubters that you have what it takes. If you do that then in effect you are letting them dictate the course of events.

Sagittarius
Nov. 23 - Dec. 21
Today's Sun-Uranus link encourages you to do something out of the ordinary, something that shakes up the cozy little world you inhabit. If there is one thing you should always aim to avoid it is being predictable.

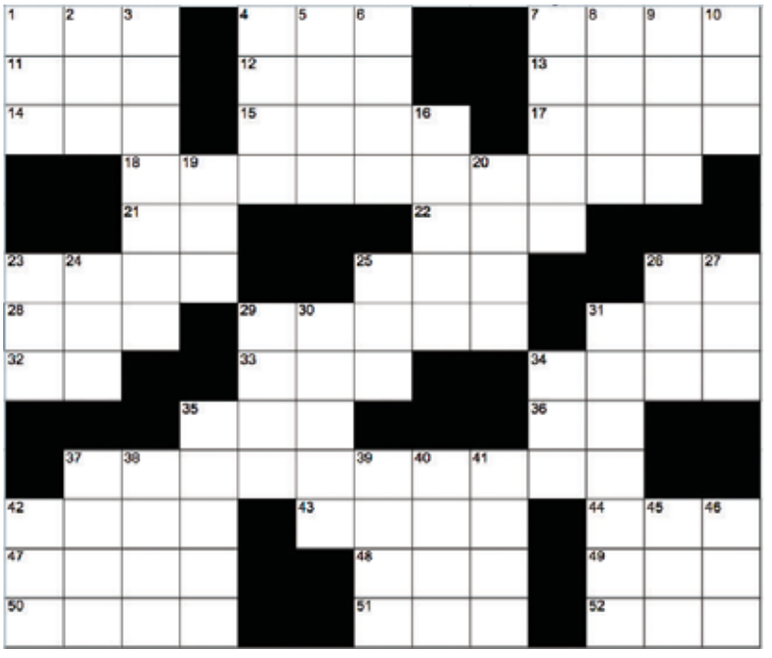
Capricorn
Dec. 22 - Jan. 20
Think about who you are, where you are going and what kind of an impression you want to make on the world. That might sound a bit heavy for the start of the week but you're in a philosophical mood.

Aquarius
Jan. 21 - Feb. 19
You will have to deal with a situation today that has occurred in one form or another many times before. If you can see the parallels with past events then it should be easy. If you don't, you'll make the same mistakes.

Pisces
Feb. 20 - March 20
A rival will underestimate how serious you are about your ambitions and that puts you at an advantage. For too long you have kept in the background when you should have been center. Go for it! SALLY BROMPTON

Crossword

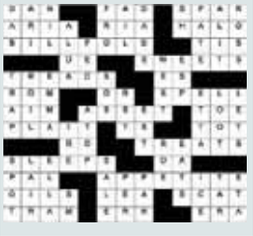
BY BETTY MARTIN



Across
1. Room often found in the basement
4. Graduation headpiece
7. Not bogus
11. One Day -- – Time (2 words)
12. Served at Cheers
13. Rowboat need
14. Lie on the beach
15. Actress Russo
17. Previously driven car
18. Children living at home
21. Granny on The Beverly Hillbillies (init.)
22. Major —
23. Above
25. Cone bearing tree
26. The World — War
28. — the season
29. Comic DeGeneres
31. — Lanka
32. San Francisco's st.
33. Small inlet
34. Singer James
35. Fault
36. —, myself and I
37. Out in front, often
42. Naked
43. Monicker
44. Caustic substance
47. Statuesque model
48. Old time actor Chaney
49. — Hudson Street
50. Printers measure
51. Breakfast choice
52. Country roads (abbr.)

Down
1. Alleyway denizen
2. Estimated time of arrival at airports
3. Halloween treats
4. Nag
5. Aweather
6. I am Sam actor Sean —
7. Face shape
8. — Meets West
9. Greek God of War
10. Hallucinogenic drug (abbr.)
16. Frasier's dog
19. Make a mistake (abbr.)
20. Merit
23. Non-prescription drug (abbr.)
24. Type of rail system
25. Tampa st.
26. Drama or dance
27. Carrere of Relic Hunter
29. Actor McCormack of Will & Grace
30. Type of closet
31. Radiant
34. Australian bird
35. Part I, in a play
37. Akin
38. Russian mountain range
39. — of the Century
40. Dirty air
41. Ancient art & science: — Shui
42. E-bay requirement
45. Nevertheless
46. Employee self-service (acronym)

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

		9				2		
			8		4			
8	4						7	9
		5	6		3	8		
4	6						5	1
		8	5		7	4		
1	2						8	7
			9		6			
		4				3		

Yesterday's Sudoku

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* Offer is valid at Flight Centre locations in Canada. Valid on new GOGO vacations bookings only. For travel until Mar 31, 2013. No blackout dates apply. Required to book a minimum 7 days air and land for two paying adults and receive air credit for up to two children maximum per file. Turks and Caicos, Jamaica and Cancun have specific hotel requirements. Offer is subject to change without prior notice. All seats are limited and subject to availability. Discount cannot be combined with any other offer or promotion and applies to the base fare only. Not valid on bookings made online at www.flightcentre.ca. Additional restrictions may apply. Offer expires Nov 30, 2012. B.C. Reg. #H02790

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